



Emergency: 911

Non-Emergency: 760-510-5200 *after hours*



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611 Anton Blvd Suite 890
Costa Mesa, CA 92626
www.millenniumhousing.com

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Vice-President: Lori Carraway
Project Manager: Diana Welsch
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July Editorial—The American Dream



Coming to America

I am fortunate enough to consult with a large international corporation where I've had the opportunity to meet and speak with people from all over our planet. The one thing many of them look forward to is coming to America. They care not that this is usually on a business trip. They add extra vacation days so that they can see and do more while here.

I recently asked several of my current project teammates, "What is the allure of the States for you?" Here are some of their responses.

Bas in South Africa—I'm originally from Holland. I bring my family with me when I can extend my corporate visits. Each year, we visit a different part of the country. This year we spent a week at Disneyworld in Florida. The kids loved it and so did my wife and me. To us, America is like a never-ending candy store. It truly is the land of plenty.

Fatima in Saudi Arabia—I was born in Pakistan and then raised in the Midwest where much of my family still resides. I try to visit every other year. It is so much safer in the U.S. than over here, especially being a woman. However, my parents wanted to return to Pakistan, and I need to be near them for support. Some day I too hope to live in America again.

Ajibike in Egypt—I actually have two homes; one in Cairo and a second in Toronto, Canada where my oldest son is going to university. I love both the northeast and the northwest for their weather, abundance of fresh seafood, and scenery. Taking long walks along the coastlines, I have met many Americans and established life-long friendships.

Yulia in Moscow—I bring my husband and children with me to select U.S. meetings each year. If I didn't have aging parents, I would request a transfer to the San Diego Office. Housing is very affordable there and our income goes a lot further. Plus, we love the climate in San Diego.

Gulnara in London—Though British, I was raised in Russia and then moved to London on a work transfer about 15 years ago. My sister's family emigrated to America in 2000, and I visit them when I can in South Carolina. Beautiful country there and I've learned how to catch and cook blue crabs. I dream about joining them permanently one day—maybe when I retire?

Joseph in Nigeria—I went to university in St. Louis to receive my medical degree and it has served me well. Over the years, I opened and managed multiple local clinics, and am now getting ready to move to Houston,



Texas full time on a work transfer. I will still need to travel to Africa periodically but appreciate the cleanliness and amenities in America. Also, I now have dual citizenship which makes this move easier.

Their comments made me proud and grateful to be an American.

Happy Independence Day!

Gayle

Monthly Contributors to *The Breeze*

Gayle Cinnamon—Editor

Patty Gonzales—Creative Director/
Staff Photographer

Kasey Koenig, George Turk, Lanny Lippincott,
the Social Club, and the PEERA Board



Drop us a line anytime at PEE.TheBreeze@gmail.com

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4th of July Chili Cook-off Throwdown



3:30 to 5:30 pm at the main clubhouse

Your PEERA Board with our Social Club's support are putting on a fun afternoon with music, food, games, dancing, photos, and of course—the Chili Contest. This FREE event promises to be a fantastic kickoff to summer. Kick up your boots and have some old-fashioned fun!

What's provided?

- Chili, hot dogs, pulled chicken sandwiches, and sides while they last
- Summer type beverages (non-alcoholic)
- **BBQ coals will be red hot from 4 pm to 5 pm** for those bringing their own grub to bar-b-que



How does the Chili Contest work?

- Three categories of chili will be judged by all attendees: **Vegan, Red, and Green. Each category winner receives a \$50.00 gift card!**
- To participate, just bring a crockpot full of your best chili.
- Feel free to bring your own special side dish to share if you like. Who knows? You might win a prize too!

All this talkin' about eatin' is makin' me pretty darn hungry! ~ Patty G.



Millennium Memo



It's Budget time, when I try to dazzle you with all the fun Capital Improvements we'll make in the upcoming year. With that in mind, here's the tentative list:

- Kitchen/Art Room Remodel--\$85K.
- Paint Clubhouse Exterior--\$25K.
- Enclose Maintenance Area--\$25K.
- Clubhouse Shades, Tables/Chairs, Golf Cart, Termite treatment--\$60K, and...
- Convert Pool/Spa to Salt Water--\$5K.

That's \$200K worth, if we do all those things--even more than the projected Surplus. I'm sure we'll end up adding more items, but that list isn't bad, is it?

As noted, this is tentative. The final budget is due June 30. Stay tuned!

A Saltwater Pool?

Sure, why not? It's what all the finer resorts have these days, so we'd be "on trend." It's also something PEERA is requesting, and for good reason.

A saltwater pool is supposedly less corrosive than chlorine, it's easier on your skin, you won't have that sticky feeling when you get out of the pool...we haven't made a final decision, but so far, this seems like a good idea. Once again---stay tuned!

Two Gentle Naggings

- The biggest resident complaint lately? You're probably guessing rent, but actually, it's weeds. No, not ours---yours.
- Some folks figure that if they can keep their weeds under control, so can their neighbors. You can see their point, can't you? Just saying...
- Another reminder: you're allowed to have roommates, but only if we know who they are. If you share your home with someone, make sure you bring your co-occupant out of the shadows and registered to lawfully live in Palomar East.

My Big News

I'm expecting two new grandchildren by the time you're reading this: a girl (from my daughter) & a boy (from our daughter-in-law). Very exciting!

I hope these two are as adventurous as our older granddaughter is. She'll try anything, from chicken tenders at a Mexican restaurant to chicken tenders at an Italian one. She's easy that way.

Wish my daughters luck...and have a great 4th of July!

George Turk
President
Millennium Housing



Kasey Koenig
Park Manager/Office

East Park

MARKET UPDATE & MANAGER'S REPORT



Burt Hamernick
Park Manager/Maintenance



= 11 transactions in June alone!

Welcome Burt Hamernick!

After serving 11 years in the military, Burt began his career in property management in 2010. We are excited to welcome Burt Hamernick as Maintenance Manager. He is a great addition to our team.

Burt looks forward to meeting everyone soon. However, let's give him a few weeks to get acclimated to our community.

Home Sales

Three homes were sold in June. See *Welcome New Neighbors* on page 18 for details. Also, two homes are currently in escrow, and six additional homes are for sale.

Community Maintenance

Landscaping was completed along Rancho Santa Fe Rd. New flowers were planted around the clubhouse. Staff repaired the damaged electrical wires restoring power to our dog park. At the time of writing this article, they are close to completing the Viewpoint fence paint project.

Driving In The Park

This is a friendly reminder that the speed limit in the park is **15 MPH**. Please be cautious of residents walking their dogs. There are areas that have blind turns and residents may be backing out of their carport slowly or quickly. Please do your part to be a good example. **AND**, wear something bright or reflective when walking at night.

Short & Quick List

- The 2023 Income Certificate will be coming soon! Please help me by returning yours to the office right away.
- **NO PARKING AT THE POOL ENTRANCE.** Residents must park in a designated parking space.
- **Weeds.** No one wants them. Do you have some? Take a walk around your property and pull them, and don't forget to clean your gutters.
- **Pets.** Don't leave pet food out and clean up your dog's poop. You're encouraging critters to take up residency otherwise.

Your concerns and needs ARE IMPORTANT!

If it is not urgent or an emergency, we encourage you to email us:

palomareast@gmail.com

Have a Happy & Safe 4th of July! Kasey



Palomar Estates East Residents Association

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Notifications & Activities

Thank YOU all who attended the residents' board meeting Tuesday, June 6th. With over 40 residents attending, together we all asked and answered quite a few questions of concern. The board's focused goal is to bring clarity to the community as a whole.

Stacking the deck is exciting! Joanne Price has joined the Board. See page 11 for details.

This year building a successful PEERA Board team is about more than finding a group of people with the right mix of skill sets. I asked them about the art of fostering a strong sense of teamwork. Their insights have helped lay the groundwork for a highly productive team that can communicate, cooperate, and innovate our community with a mutual trust and respect guiding us into the future. Thank you for your support welcoming our three new team members. Feel free to join us as a team member serving on one of the committees. Email patty.peera@gmail.com

The next open PEERA General Meeting is Tuesday, August 1st, 5:30 pm. Our July meeting is an administrative board meeting. Should you have any questions or concerns for us to review at that meeting, please submit a Suggestion Form placing it into our lockbox. Forms are located on the PEERA bulletin board next to the lockbox. The form is also available online at peerasm.org.

PEERA Board

Chairperson	Patty Gonzales
Vice-Chairperson	Don Antrim
Secretary	Kristen Antrim
Treasurer	Pete Eiden

Members At Large Committees

Beautification	Jeanne Tarleton
Community Services	Gayle Cinnamon
Complaints	Paul Thiboutot
Emergency Prep	Catherine Chase
Membership	Carl Silva
Neighbors Helping	Joanne Price
Publicity	Patty Gonzales

We are looking forward to hosting the 4th of July Chili Cook-Off with our neighbors. As residents ourselves, it will be fun celebrating together. The Social Club is joining us in our efforts offering their talents. See page 3 for the detailed flyer.

See you soon! Patty G.

“I like to see a man proud
of the place in which he
lives. I like to see a man
live so that his place
will be proud of him.”

— ABRAHAM LINCOLN





Patty Gonzales
Chairperson



Don Antrim
Vice-Chairperson



Kristen Antrim
Secretary



Pete Eiden
Treasurer



Your Voice in Our Community

PEERA Board peerasm.org

The Wish List

By Don Antrim, PEERA Board, Vice-Chair

There seems to be some questions from our residents as to how the annual Wish List is compiled and approved for implementation each year. The residents in each unit of our Park are given the opportunity to submit items they would like to have Millenium Housing consider for improvement. Feel free to contact me should you have any questions.

Below are the steps taken by the PEERA Board to compile the annual Wish List:


- **Step 1:** At the end of December, a form is provided for each residence in the park to list matters of concern or improvement ideas for consideration by Park Management.
- **Step 2:** The residents have the month of January to submit their items. (This year we had 53 forms returned with 155 suggestions for Park improvement.)
- **Step 3:** During the month of February, the Wish List forms are collected and reviewed by a committee of the four members of the PEERA Executive Board. Criteria for inclusion on the final submission to management include:
 - a) Budget
 - b) Items pertinent and beneficial to the majority of residents
 - c) Inclusion of reasonable requests

The items considered were placed into four general categories:

- 1) General Park Items (4 items)
- 2) Speed Control (5 items)
- 3) Clubhouse Items (19 items)
- 4) Miscellaneous (4 items)

- **Step 4:** In March, the Wish List is reviewed by the PEERA Chair and posted on the bulletin board for review by Park residents. Any corrections can be made at this time prior to submission to Park Management.
- **Step 5:** After any corrections are made, the Wish List is submitted to Millenium Housing for their consideration.

NOTE: SUBMISSION OF AN ITEM DOES NOT GUARANTEE THAT IT WILL BE IMPLEMENTED.



PALOMAR ESTATES EAST RESIDENTS ASSOCIATION
PEERA
WISH LIST

The PEERA Board is **your voice** in discussions and negotiations with the Park Owner and Park Management **about matters of concern and interest to residents**. Each year members of the Association are given the opportunity to submit items they would like to have the Park Management consider for improvement of our beautiful park.

Please list five items you would like to be considered towards our overall goal of park improvement and beautification. The Board members of PEERA will tabulate the most requested items for presentation to the Park Owner and Park Management. Once the list has been finalized it will be published in *The BREEZE*.

NOTE: submission of an item does not guarantee it will be implemented.

Please list the 5 most important items you would like to be considered.

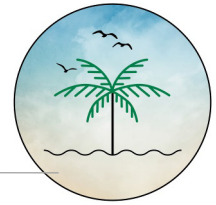
1. _____
2. _____
3. _____
4. _____
5. _____

The deadline for submission of your list is February 1, 2023.
Deposit your list in the white lock box next to the PEERA bulletin board in the clubhouse.

Space # _____

Park Publicity

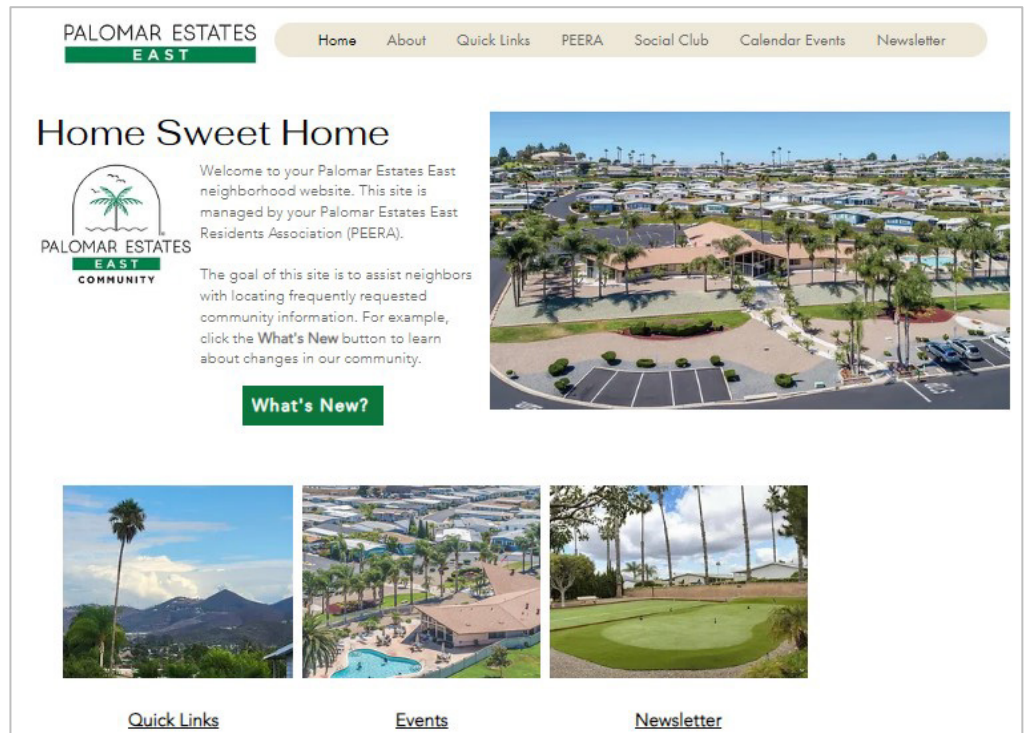
PEERA Board Committee



peerasm.org

We truly are living in an online age. According to a 2019 report from **Hootsuite and We Are Social**, “globally, people are spending an average of 6 hours and 49 minutes online each day.” With updates and announcements, it is the easiest and fastest way to communicate.

Since our website is on 24/7, it's easy to post those updates and announcements to our community when required. It's the quickest way to keep residents up to date on everything that is going on in real time. When something is particularly relevant to you, like *The Breeze* content and documents pertaining to park or organizational rules, etc. It's an efficient way to access those resources.



Websites have become essential to any organization. We strongly found the need to create one that offered the residents a more robust experience. We can and will improve it over time, but the first key was to start.

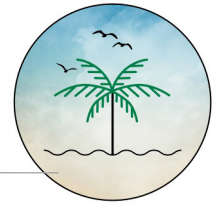
The second key was to create the site on a professional website platform. Is there a cost? Of course, there is when using a value-added service provider. The cost is minimal for the services provided. The platform has live customer service and many templates to choose from. This gives us the tools necessary to build upon, and most importantly, a proper solution in handing off this asset to future PEERA Boards to manage.

Legacy website Palomar-Estates-East.org—Legacy websites are those which are no longer being actively maintained and therefore becomes outdated. In this case, it was far more efficient to create a new one on a website hosting platform instead of on a personal resident's Google drive. The previous site created was not relinquished with the relevant surname registration. The surname being a "property business name" would actually belong or be better suited for the property owner usage not the residents. The new website is **peerasm.org** (Palomar Estates East Residents San Marcos). Check it out. We welcome your input.

The **PEERA Board Publicity Committee** manages the website and all branded materials for board communications. We have added coordinating field trips when doing research for Palomar Estates East. Example: we visited and researched pickleball courts throughout San Diego North County. We spoke to players, court managers, and city park and recreation departments asking many questions to support our community. When you find people who have collaborated their efforts and are willing to share, it's a win-win. The north county pickleball community is truly one of the most friendly and welcoming groups out there. We were in great company as most are actually 55 + too!

Park Publicity

PEERA Board Committee




People are looking for avenues to have some fun, get some exercise, but do it in an environment that's not divisive. That's a pretty important thing in our society today. Most of pickleball's core players — those who play consistently — are over age 65, but the game is getting younger, with the strongest growth among players under 55, according to USA Pickleball.


With so many new players, the U.S. is struggling to keep up with the demand for more courts. How incredibly lucky is Palomar Estates East to have a dedicated court in our community. Both courts—tennis and pickleball, look beautiful. Kudos to all. It's a lot more fun playing the game than standing by watching or taking photos.

Lesley Monteforte (Spc 210) is offering free pickleball lessons on Wednesdays, from 9 am -10:30 am. Anyone interested in learning how to play pickleball, please text Lesley at (760) 724-1548 to let her know you will be attending a weekly lesson. If no one has texted her on a given week, she will not be at the court.

Paddles will be available.



Opening Day
Monday, June 5, 2023



Pickleball is an incredible medium that brings people together, connects communities, and promotes a healthy and active lifestyle.

For more details, contact Joanne Price (760) 805-7092.



PEE COURTS ONLY

Monday – Saturday.....9am to 5pm
Sunday.....No Courts In Play

Be respectful of noise levels out of consideration for nearby residents.
No Amplified Sound.

Courts are to be used by residents of Palomar Estates East and their guests.
A resident must accompany guest on each court.

COURT RULES

1. Players must wear shoes with non-marking soles.
2. No food or beverage, except water.
3. No skateboarding, skating, or bicycle riding, etc.
4. Do not intentionally strike wind screens with balls or rackets.
5. No children on courts without adult supervision – No pets allowed.

PLAYING RULES

When All Courts Are In Use...

1. Play to be limited to one game.
2. Practice limited to 15 minutes.
3. Warm-up practice limited to 5 minutes when others are waiting.
4. Those waiting may take possession of first available court on a "FIRST COME, FIRST USE" BASIS, TO PLAY SINGLES, DOUBLES OR PRACTICE.
5. If more than eight players are waiting to play, play shall be "FOUR ON – FOUR OFF".

THANK YOU FOR BEING A RESPONSIBLE PLAYER **PLAY BALL. GET FIT. HAVE FUN.**

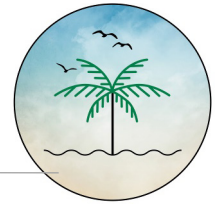
Park Management Office: 760-727-2010 Monday – Friday
EMERGENCY: 911 | NON-EMERGENCY: 760-510-5200 After Hours

This is an interesting article comment made from an individual we found relevant regarding the amenities in a planned community.

"I live in a community with 1000 residents. Approximately 100 play bocce. Yet we have bocce courts. We also have a community pool, which is rarely used by residents. Perhaps 20 do water aerobics three times a week, and then guests of those without pools use it, especially during holiday school breaks. Yet we have a community pool. We have 3 tennis courts, yet I'm guessing there are approximately 75 people who use them. A quality community will have a variety of amenities to be able to offer something for everyone. It doesn't mean that a majority of the residents have to play or participate in an activity to make it worthwhile to the community. Pickleball falls into this category."

Park Beautification

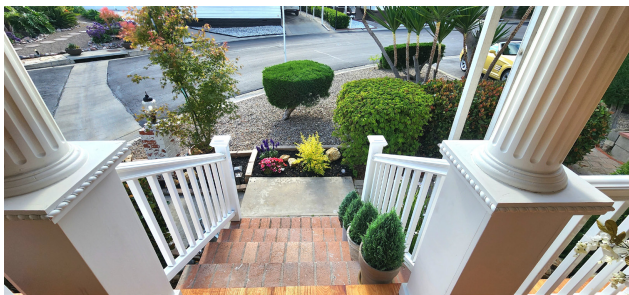
PEERA Board Committee



Great gardens have a come one, come all attitude.

Homeowner, Jeanne Tarleton, space 138, understands that her yard can make a tangible, positive impact on the neighborhood and the planet. Outdoor spaces have real potential to create change through biodiversity, habitat creation, carbon sequestration, neighborhood beautification, and community creation.

Jeanne's garden areas are characterized by an abundance of different species, arranged in a highly intermixed, colorful, billowing display of plant life. You'll see fruit trees and herbs, big green shrubs, dense mats of groundcover, wispy perennials, and above all, lots and lots of flowers.



Then there is her spacious front porch and complete indoor remodel. Truly amazing inside and out. Jeanne's attention to detail and hard work makes her a perfect addition on the PEERA Beautification Committee. Please welcome her in this new role. Volunteers supporting our community are important. Patty, PEERA Chair



Peak gardening season is well underway, meaning there are plenty of jobs to keep garden ideas looking their best in July. This month is the time to embrace all your earlier gardening efforts. Enjoying plants and flowers, many of which will be putting on their best displays of the year this month. Make the most of any good weather, but don't forget to regularly water and feed your plants, consistency is key!

Neighbors Helping Neighbors

(formerly known as Helping Hands)

PEERA Committee Lead, Joanne Price



One of my favorite signs in this park is right as you enter. The sign was provided years ago by the PEE Social Club:

**"There are no strangers here,
only friends that have never met."**

This sign reflects the tone of the park...it makes me want to wave at people as they pass, knowing they are simply neighbors I have yet to meet.

I have been here three years this April. My first interaction with the community was a BEAUTIFUL painted rock! (Thank you, Andrea Martin, for sharing your artist talents with newcomers! I admire my rock many times each week.) And then, of course, there was the COVID lockdown.

An article in the May 2023 Breeze sparked my interest, "Neighbors Helping Neighbors." (Thanks to Markay Allen for taking the time to share that incident.)

I spoke with Patty Gonzales, PEERA Board Chair, about wanting to serve in some way where neighbors can help neighbors. She mentioned that there had previously been a Helping Hands Committee, but that it had become inactive during the COVID lockdown.

The Helping Hands topic came up again twice this past week. On June 5th, Flechelle Morin mentioned during a meeting that it would be great to have neighbors share needs with other neighbors. And the following day, during the PEERA Board meeting, Patty mentioned that it would be great to get Helping Hands started again.

I thought, "sign me up." That is something I can definitely get behind! I spoke with Patty regarding my interest in getting the Helping Hands up and going again.

I told her I would be excited to work on such a committee. So, she has agreed to let me begin to get a revised version of the Helping Hands committee up and active again. YAY!

First order of business...in accord with the May article in *The Breeze*, I would like to rename the committee from 'Helping Hands,' to 'Neighbors Helping Neighbors.' Our park is all about a community of neighbors.

Second, I would LOVE to hear from anyone interested in being involved in this committee or simply learning about it. In the next few weeks, I will be meeting with Catherine Chase (new Emergency Prep Committee Lead) and Lanny Lippincott (previous Emergency Prep Committee Lead) regarding coordinating efforts between that committee and the Neighbors Helping Neighbors committee.

My thanks to Millenium Housing, to Haven Management Services, to SPARC, and to all those in our community who are serving on the PEERA Board or on various committees that help make this such an amazing place to live!

If you are interested in serving on the Neighbors Helping Neighbors Committee, learning more, or simply sharing your ideas during the formative stages, text Joanne Price at 760.805.7092. Please include your name and space number and I will get back with you when we schedule our committee formation meeting.

"The greatness of a community is most accurately measured by the compassionate actions of its members."

– Coretta Scott King

Social Club News



2023 Social Club Board

President	Sandy Wagner
Vice-President	Cheryl Lilley
Secretary	Open
Treasurer	Debbie Johnston
Membership Chair	Leslie Dranko
Members-at-Large	Dolores Bsharah, Susie Lippincott, Pam Scott, Kathy Wortman, Sally Yeater

July Update!

Yearly, 4th of July celebrations with hot dogs, apple pie and fireworks are a day of fun.

But let us not forget the real reason we celebrate this day—our independence—a day to honor those who defend(ed) our flag, our country, our rights, every day. For those who throughout the generations, have given their lives or a part of themselves, in order for us to remain free. Ensuring our rights to live in this place we call home, the United States of America. I for one am eternally grateful that I can stand tall and honor Old Glory.

June's Happy Hour was another fun filled; food filled evening. At the racetrack with horses, jockeys and turf, the six horses ran neck in neck to the finish line. Bobby Maxwell won 1st prize and Dolores Bshara 2nd prize. (See photos on the next page.) Everyone can participate in any of the Friday Happy Hour events. We are still working on the rules and welcome input from residents. Good time, we will be doing it again.

Upcoming Social Club Events

- ❑ **4th of July** – celebration in conjunction with PEERA. There will be no Happy Hour in July. See page 3 for details.
- ❑ **July 18th** – a **free Origami class** presented by resident Walter Brock will be held at the clubhouse at 4:30. Supplies will be provided. There will be a demonstration and hands-on time for everyone.

- ❑ **August 19th – Ice Cream Social** honoring our residents 90+ and new residents. Everyone is invited, come get to know your neighbors and hear wonderful stories from our older residents.

Information about the next two events will be in the August Breeze.

- ❑ **September 16th – Luau.**
- ❑ **October 28th – Halloween party.**

"Try to be a rainbow in someone else's cloud."
Maya Angelou



Don't forget **memorial bench donations for Gonzalo Guerrero**. Checks should be made out to PEE Social Club. You will be given a receipt. Thank you.

Have a great month!

Sandy Wagner

Social Club President





Social Club Social Hour

Friday, June 2, 2023



And we're off to the races!



Food and Fun Break



Rolling the Dice



And the winners are Bob and Delores!

Attention Hand and Foot Lovers!



Formally known as Canasta, **Hand and Foot** has become a very popular card game.

Covid made many changes in our lives and so it was with Park activities. The Club House closed but H&F players weren't going to quit, so we began playing in our homes. After the clubhouse reopened, the group decided to continue in homes even though we still consider ourselves to be an activity in the park. I truly apologize for the lack of information for those that showed up at the clubhouse and nobody was there.

We meet Monday and Thursday at 1:00 PM at Marilyn Fluharty's home (SPC 179), and sometimes at Susan Lippincott's house (SPC 305).

Come join us to play or learn. Call Marilyn at (218) 821-0337 or just show up!

English Garden Tea Event Photos, May 20, 2023

Soroptimist Vista North County Inland



To learn more, visit: soroptimistvista.org

Co-sponsor: Palomar East Social Club

Photos: PEERA Staff Photographer



Community Resources & Activities

July

2023

All Are Welcome



Come Join the FUN!

ACTIVITY	WHO TO CONTACT AND MEETING SCHEDULES
BINGO	Debbie Johnston & Delane Johnson: Thursdays , 6 PM at West
CERAMICS	Andrea Martin : Wednesdays, 6—8 pm, East Clubhouse, Arts & Craft Room
DANCE LESSONS	Anne Pearson (858) 610-4816: 2nd & 4th Thursdays , 2—3:30 pm, East Clubhouse
FIBER ARTS GROUP	Sally Yeater (719) 651-2866: Wednesdays , 9:30—11 am, East Arts & Craft Room
PAINT CLASS	Dawn Anguiano , dawn46@gmail.com: 3rd Tuesday , 10 am—1 pm, East Clubhouse. (Also, the 1st Tuesday of each month at Rancho Vallecitos.)
PICKLEBALL	Joanne Price , Text (760) 805-7092: Classes forming soon.
TAI CHI	Rudy Cobos (773) 519-6627: Fridays at 9:00 am, East Clubhouse
YOGA	LuAnn Foster (480) 203-4330: Monday : 3:00 PM Zoom, 6:00 PM Yoga West & Zoom, Tuesday : 10:00 AM Chair Yoga West & Zoom, Thursday : 10:00 AM Chair Yoga East & Zoom
ZUMBA	Saleemah (803) 463-2880: Monday : 11:15 PM West, Tuesday : 2:15 PM Zoom, Wednesday : 10:30 AM Zoom, Thursday : 11:15 AM East

Summer Activity Holiday Schedules

- **Ceramics** is cancelled for July due to vacation and restocking supplies.
 - Classes resume on August 2nd.
- **Paint Class** is on vacation from July 1st through August 31st.
 - Classes resume on September 6th at Vallecitos and September 20th at Palomar East.



Additional Park Activities

ACTIVITY	WHO TO CONTACT
Billiards	Ken Hodor
Bocce Ball	Carl Silva
Card Games	Card Room
Fishing	Don Bomar
Fitness Facility	Ken Hodor
Golf Putting Green	Dave Fenner

ACTIVITY	WHO TO CONTACT
Horseshoes	Dave Fenner
Library	A.J. Jangula
Pickleball	Joanne Price
Ping Pong/ Tennis	Bill Mead
Puzzles	Card Room

Palomar East Calendar

July

2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WORLD UFO DAY 2 	 FULL MOON 3 11:15 PM Zumba West 1:00 PM Hand & Foot* 3:00 PM Yoga Zoom 6:00 PM Yoga West & Zoom	INDEPENDENCE DAY 4 3:30-5:30 pm Chili Cook-off 	9:30 AM Fiber Arts 10:30 AM Zumba Zoom 1:30 PM Pool/Billiards 6:00 PM Manipulation* 	10:00 AM Chair Yoga East & Zoom 11:15 AM Zumba East 1:00 PM Hand & Foot* 4:30 PM Zumba Zoom 6:00 PM Bingo West	9:00 AM Tai Chi	The Breeze Deadline
9	10	11	12	13	14	15
16	17	18	19	20	21	22
		10:00 AM Chair Yoga West & Zoom 2:15 PM Zumba Zoom		2 PM Dance Lessons		
				NATIONAL MOON DAY 20 		
23	24	25	26	27	28	29
				2 PM Dance Lessons		
30	31	AUG 1	AUG 2	AUG 3	AUG 4	AUG 5
						

Repeating Events: All Calendar Activities Repeat Every Week **EXCEPT** for Those in **RED TYPE!**

Park Member News

Welcome New Neighbors

Please join us in welcoming our newest neighbors!

301 Gerald and Miriam Igic

368 Paul and Cynthia Jackowski



Come meet your neighbors at the
July 4th Chili Cook-off!
3:30 to 5:30 pm at the clubhouse

July Wedding Anniversaries

Let's wish a very happy anniversary to our neighbors,
and please let us know if we missed your anniversary.

July 7 Dave & Lynn Esposito

July 11 Phil & Pina Bucelli

July 14 David & Antonia Rodriguez

July 22 Mary & Paul Hoffman

July 28 Chester & Zoe Wimpee

July 29 Juliette & Richard Johnson



"And when Love sits
down to the banquet,
love sits long."
~ James Thomson

Till We Meet Again...

Rose Brio SP 301 Arrived: 06/2017 Departed: 04/2023, passed away

John & Terri Stelfox SP 368 Arrived: 12/2021 Departed: 05/2023, moved to Georgia

Note: No further details were available for the residents who left us. If you have information and/or photos about someone and would like to share, please send it to: pee.theBreeze@gmail.com

Park Member News



Celebrating Our July Birthdays!

3	Elodia Romberg	16	Deborah Daffer
3	Momoko McCullough	16	Linda Garrett
3	Donna Anastasion	19	Lisa Patchen
3	Alicia Ruiz	19	James McHugh
3	Anne Litz	19	Keith Stinson
3	Dennis Price	20	Joe Ruiz
5	Elizabeth Roberts	20	Jeffrey Hall
6	Lorene Christian	20	Charlene Ollier
8	Bob Erickson	21	Jacques Proulx
8	Anthony DeAngelo	21	Bernardo Sustaita
9	Lee Dalrymple	22	Terry Powers
10	Richard Purves	25	Sally Yeater
10	Danny Sustaita	25	Rita Grant
13	Shirley Gantner	28	Zoe Wimpee
14	Patricia Mann	30	Philip Stoffer
15	Cornelia Van Rhyn	31	Daryl Quinn
15	Terry Nobriga	31	Linda Walters
16	Herbert Wong	31	Andre Zarb-Cousin
16	Linda Profitt		

July Trivia

- ◆ **Birthstone:** Ruby (Power, wealth, protection, loyalty, honor, creativity)
- ◆ **Color:** Red
- ◆ **Flowers:** Larkspur (delphinium), water lily



Astrology

Cancer: 06/21—07/20

Leo: 07/21—08/22

July 2023 Horoscope

M-O-O-N spells moon and that's what most of July is about. Astrologically, Cancer's ruling planet is the moon, and Cancers are said to be moon-children. The moon represents our unconscious minds, emotions, intuition, our childhoods, and relationships with maternal figures.

Cancer is conducive to meditation, concentrating on significant things. Everyone feels more intensely about their belonging to family and friends and strives to spend much more time in the circle of their loved ones. This is a wonderful opportunity to resolve old disputes.



NATIONAL MOON DAY | July 20

National Moon Day commemorates the day man first walked on the moon in 1969. NASA reported the moon landing as being “...*the single greatest technological achievement of all time.*”

As Neil Armstrong stepped onto the moon's surface, he described the event as “*one small step for man, one giant leap for mankind.*”

Independence Day

By Lanny Lippincott



The 4th of July is a calendar date, NOT a national holiday. The holiday is **“Independence Day”** (celebrated on July 4th of each year.)

England considered the people of its distant colonies; primarily India and North America as “Subjects” but not “Citizens.” As a result, they were subject to English laws but unable to participate in English government. This was sometimes expressed as **“Taxation without Representation.”**

From the English perspective this seemed to be sensible. Communication with North America required at least a month (one way). With India, it could be as long as two months. How could people participate in the day-to-day activities of government when they were so far separated?

The English viewed these colonies primarily in terms of revenue generation and expansion of the English empire and world influence. King George III and his parliaments expected the colonies to support the crown through taxation and strict control of trade (to England’s benefit, of course.)

By the 1760’s, the North American colonies felt the system was unfair and began Expressing their grievances. They were almost always denied redress, or simply ignored by the King and parliament.

In May of 1775, a group of colonists met in Philadelphia at the **“Second Continental Congress”** which drafted a letter to King George III and parliament (signed on July 4, 1776) which was known as the **“Declaration of Independence.”** It listed the grievances which had not been addressed and stated that the North American colonies would henceforth be independent of England.

Thus began the **“American Revolution.”** The revolution ended in 1783 with the “United States” victorious. Had it not been, “Independence Day” would have had little real meaning beyond “nice try.”

In recent years we have heard about “Emancipation Day” or “Juneteenth Independence Day.”

Slaves were not officially “free” until Lincoln’s **“Emancipation Proclamation”** was made effective in 1863, it could not be implemented in places still under Confederate control. As a result, in the westernmost Confederate state of Texas, enslaved people would not be free until much later.

Freedom finally came on June 19, 1865, when some 2,000 Union troops arrived in Galveston Bay, Texas. The army announced that the more than 250,000 enslaved black people in the state, were free by executive decree. This day came to be known as **“Juneteenth”** by the newly freed people in Texas.

Given the circumstances, it is an appropriate holiday for our country.

Since we are talking about patriotic holidays, it may be useful to the meaning and purpose of three holidays that pertain to the military:

“Armed Forces Day” (third Saturday in May) while not a national holiday, this is a time to honor all those currently in uniform with our military services.

“Veterans Day” (November 11) was originally World War I Armistice Day. In 1954, it became Veterans day to recognize all who have worn the uniform. “Thank you for your service.”

“Memorial Day” (last Monday in May) was originally **“Decoration Day”** to honor all those killed in the Civil War.

After World War II, it was changed to honor all those lost in wars. Many consider it to include those still in uniform. The idea being that those who made the ultimate sacrifice never left “active duty.”

Decoration Day became Memorial Day in 1967.