



**Emergency: 911**

**Non-Emergency: 760-510-5200** *after hours*



650 South Rancho Santa Fe Road  
San Marcos, CA 92078

**Kasey Koenig:** Park Manager/Office  
**Martin Hernandez:** Park Manager/Maintenance  
**Patty Mackey:** Office Assistant  
**Phone:** (760) 727-2010  
**Fax:** (760) 727-2844  
[palomareast@gmail.com](mailto:palomareast@gmail.com)  
[Palomar-Estates-East.org](http://Palomar-Estates-East.org)

**Office Hours:**  
Monday-Friday 8am-12pm & 1pm-4pm

---

**Haven Management Services**  
*Property Management Company*  
3491 Concourses Street, Suite 204  
Ontario, CA 91761

**Katie Davis:** (909) 930-9750 x3005  
**John Davis:** (909) 930-9750 x3003  
**Fax:** (909) 930-9498  
[www.havenms.com](http://www.havenms.com)

---

**Millennium Housing**  
611 Anton Blvd Suite 890  
Costa Mesa, CA 92626  
[www.millenniumhousing.com](http://www.millenniumhousing.com)



**President:** George Turk  
**Vice-President:** Lori Carraway  
**Project Manager:** Diana Welsch  
**Director, Resident Services:** Stacey Kazmierski  
  
**Phone:** (949) 515-5100  
**Fax:** (949) 515-5101

# March Editorial—*Spring Forward*



**Hello March!** Whether you end up cold and windy, rainy, or sunny, this March marks the adoption of permanent Daylight Savings Time across the entire USA on Sunday March 12<sup>th</sup> at 2 AM. No longer will we Fall Back, as last year Congress finally ended our continual time shifting.

Also note that Spring officially begins on March 20<sup>th</sup> this year getting us closer to those marvelous lazy, hazy, crazy days of summer.

## Safety Comes in Many Forms...

Spring is also a time for change. So, I looked at my "TODO" list. One item was to purchase and install the Ring doorbell v2.0 and cameras on both my front and back porch doors. I did this for my personal safety, but also for other reasons.

The coolest thing about the Ring and its camera is that I can see and hear who is at my door from anywhere in my house, or even when I'm not home. My cell phone tells me with a special tone that someone or something has arrived within my camera's view—even all the way to the street.

The very first photo caught a man allowing his over 35-pound dog to poop on my side lawn late at night. The camera is so good that I could see all this even in the dark. Plus, the video showed that the resident did not pick up his dog's poop. I waited a few days to see if he'd return to pick up his dog's mess, but alas, he did not.

I'm thinking of turning these photos into the Front Office to help Haven stop these inconsiderate people who refuse to pick up after their dogs. At the very least, I'm showing these photos to our neighbors for identification purposes.

Did you know that West actually lost the right to walk dogs in their park for six months a few years back?

As a fellow dog owner, I do not want this to happen in East.

Feel free to share your own safety tips in *The Breeze*. ~ Gayle

**THIS JUST IN—See Coyote Warning, pg. 17.**

## SPECIAL Events Announcement

This month's calendar is packed full of special events. They include:

- **February 28 at 3 PM:** TURN presentation in the clubhouse on what we can do about those high utility prices (see bottom of pg. 16).
- **Every Thursday in March at 5 PM:** *Our American Documents*, in the Card Room (see pg. 12).
- **March 3 at 5:30 PM:** *Social Club Social Hour* with **FREE** baked potatoes (see pg. 10).
- **March 6 at 2 PM:** *The Monarch Universe*—a **FREE** presentation by West (see pg. 12).
- **March 17 at 5:30 PM:** *Social Club ST Patrick's Dinner* for all residents (see pg. 10).
- **April 1 at 9:00 AM:** *SPARC Women's Retreat* (see pg. 13).



### Breeze Contributors

Gayle Cinnamon—Editor

Patty Gonzales—Creative Director/  
Staff Photographer

Ken Hodor

Lanny Lippincott

Carl Silva

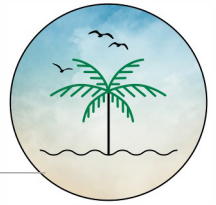
Sandy Wagner

Drop us a line anytime at **PEE.TheBreeze@gmail.com**

**Disclaimers:** *The Breeze* is not responsible for print quality and color interpretations, or date and time changes of events in this newsletter. Check our **website** for the most up-to-date information: **Palomar-Estates-East.org**. Ads placed in *The Breeze* and newsletter production quality are solely managed by the publisher: MHB Group 800-828-8242.

# Park Membership

Carl Silva, PEERA Park Membership



## Meet & Welcome a New Neighbor

How we first welcome new neighbors to Palomar Estates East is important. From the management office to us the residents it's how we set the tone, highlight sense of community, and inform. It's how we show newcomers that they're more than just a space number.

The PEERA Board will extend that welcoming to new homeowners with a handy tote bag full of items. We look forward to meeting our new neighbors.




**Let's give them something to tote about!**

## Keep them coming...

We appreciate your membership dues. While I write this message, we have received a little over half the park residents' dues. Great start to the year...Thank YOU!

At next month's March board meeting we will place all the space numbers in a hat who have paid their dues by Monday March 6th. Seven lucky winners will be drawn receiving one of the tote bags in the photo above full of ST Patty's treats...LOL

There are extra membership envelopes hanging on the PEERA bulletin board in the clubhouse hallway leading to the cardroom. **Are you feeling lucky?**

PALOMAR ESTATES EAST RESIDENTS ASSOCIATION		
Membership dues for: January - December 2023		
\$5.00 Dues Annually Per Space		
Space # _____	Name _____	
<input type="checkbox"/> Renewal	<input type="checkbox"/> New Member	<input type="checkbox"/> Amount \$ _____
<input type="checkbox"/> Cash	<input type="checkbox"/> Check	<input type="checkbox"/> Check # _____
Phone # _____		
Please make check payable to <b>PEERA</b> . Due by January 31, 2023.		
Deposit in the white lock box next to PEERA bulletin board in clubhouse.		
Thank you for your support.		
		

**"Coming together is the beginning. Keeping together is progress. Working together is success."**

~ Henry Ford.



# Millennium Memo

## **Believe it or not, March 18 is the 20th Anniversary of Palomar East's conversion to non-profit ownership, and what a 20 years it's been!**

Were you living in Palomar East back then? Do you remember life under the Porath Group? The lawsuit against the City, demanding much higher rents and an end to rent control? Threats to remove the over-55 age restriction? Constant capital improvement pass-throughs? Management that was hostile to the residents?

If you moved in recently, you missed all that excitement. You probably take for granted the peace of mind of living in a non-profit-owned Park—and the protection of rent control that can't be taken away.

Palomar East also enjoys the benefits of SPARC, our resident services partner, and such programs as December's Band & Bingo, ongoing exercise classes, the upcoming Wellness Seminar...

Maybe best of all: 20 years later, Palomar East is still a Senior Park.

Thanks so much to the City officials, who have always supported our Parks, and to that original group of residents who embraced our vision—our OGs, as it were. The amazing community that Palomar East has become is their legacy to you.

## **More Good News**

- As noted above, SPARC is planning a Women's Retreat on April 1, with wellness topics, that sort of thing.

We're also hoping to bring back the FREE tax prep service in a few weeks. Thanks again to Stacey & the folks at SPARC for all they do for you.

- The Sunburst Shutter Roller Shades (try saying that three times!) have been installed, at a cost of \$6,850. You may also notice the new fence being installed between the two Palomar Parks on Viewpoint. Don't worry; that will be paid for by West.
- If EDCO **"forgets"** to pick up your trash, you'll get a faster response if you call them directly (760) 744-2700—and certainly faster than leaving Kasey an after-hours voice message to make the call on your behalf.

## **Regarding that last item:**

**Q.** What do you call trash in small bags?

**A.** Dumplings. Get it? Dump-lings? Never mind.

Kudos to everyone—staff members, Managers, residents, SPARC, the City, Haven—who made the last 20 years such a success. We look forward to many more to come!

**George Turk**  
President,  
Millennium Housing





Kasey Koenig  
Park Manager/Office

# East Park

## MARKET UPDATE & MANAGER'S REPORT



Martin Hernandez  
Park Manager/Maintenance



1



2



3

We trimmed the pygmy palm trees around the clubhouse and along the center divider of Lucilla Street.

### Home Sales

One home sold. Two homes are in escrow. Currently there are three additional homes for sale. Sales' prices have stayed consistent.

### Maintenance Update

In addition to Martin's note above, new flowers were added at the park entrance and around the clubhouse. Trees were trimmed along Rancho Santa Fe Rd. Asphalt was added to the patches of street that had water repairs done. The sewer lines on Pine, Palm, Maple, and Fir streets were hydro jetted for cleaning.

### Space Improvement Forms

We need your completed Space Improvement Forms for any changes on the exterior of your home. They must be approved before the work can commence. Also, there are jobs that require permits. We want to make sure you are protected and remain in compliance with Title 25, that is; we need to ensure your roof, ramp, carport stairs, and decks are safe and that the people working for you are doing the jobs correctly.

In addition, please be considerate of your neighbors! Projects should begin after 8:00 AM and end by 5:00 PM at the latest.

### Short & Quick List

- EDCO pickups can sometimes occur late on Tuesday afternoon. If your home is missed, please reach out to EDCO directly and they will send the truck back: (760) 744-2700.
- Dogs must be always kept on a leash. For the safety of your animal and the comfort of others!
- The **Clubhouse hours are 8AM-9PM.**

### Secure Space Rent Drop Box

If you are delivering your rent payment, please place it in the locked drop box in the hall just outside the office. It is far more efficient for us to get all the payments in one location. The ends and beginnings of a month are a very busy times for us. Please note that we do check the rent drop box multiple times every day.



### Your concerns and needs ARE IMPORTANT!

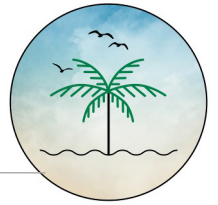
If it is not urgent or an emergency, we encourage you to email us:

[palomareast@gmail.com](mailto:palomareast@gmail.com)

Kasey

# Park Beautification

*Patty Gonzales, PEERA Board Chair*



## Clubhouse Update

Our clubhouse is looking better and better all the time—the afternoon palm trees are beautiful to behold.

In mid-January, eighteen roller shade blinds were installed. The balance of the blinds will be placed on the 2023 Wish List.



### Benefits of Roller Blinds

One of the fastest ways to change the look and ambience of any room is with window coverings.

With so many window covering options available, you might wonder, “Why choose roller blinds?” Roller blinds are a contemporary way to complement windows and filter external light. We chose a semi sheer fabric that diffuses the sunlight giving the rooms and hallways a softer appearance.

#### THEY LOOK BEAUTIFUL

Because of the slim profile, roller blinds are an attractive enhancement. A neutral texture and light gray color were selected to help them visually blend.



#### THEY REQUIRE VERY LITTLE MAINTENANCE

The roller blinds were easy to install and are easy to maintain. Cleaning is simple using a duster or vacuum to remove any dust that collects on the fabric. The fabric can also be cleaned more thoroughly using a mild fabric detergent and water if needed.

#### THEY'RE AFFORDABLE

Our custom-sized roller blinds were a cost-effective option for our windows. They are an affordable way to give a complete visual makeover.

#### THEY LAST LONGER

With quality winding mechanisms and fabric, our roller blinds are made for durability. They have fewer moving parts and will consistently perform over many years.

#### THEY ARE ON-TREND

The roller blinds gave our space a more contemporary look. They are one of the most popular window coverings for all types of decors. They replaced the old vertical blinds with a quick fresh update. They are a great choice.

#### THEY MAKE THE SPACE FEEL LARGER

The slim style and window-hugging design create a more spacious feel which is perfect for our clubhouse makeover.



# Conversation Pit

With so many of us opting for open plan spaces these days, creating a casual but defined area is a unique way to break up our clubhouse “**conversation pit**” into manageable zones. It encourages good old-fashioned, face-to-face conversation. We all can use a little more of that these days, especially in our always-online, always-on-our-phones’ culture.

Our step-down fireplace area makes for a great conversation pit, but the key behind the success of this space was down to the furnishings. The dated sofa and love seat were removed. Four chair sets (eight chairs) with four tables were placed. This structured conversational opportunity was created for people to catch up and relax.



The mid-century fireplace design is an oddity, and the way in which we embrace its structure for now is to be seen.

***More design elements to come. Stay tuned!***

**Note:** Additional supportive pillows will be available soon for our petite residents.



# Palomar Estates East Residents Association

P  
E  
E  
R  
A



## Notifications & Activities

It's easy to see the beginnings of things, and harder to see the ends. I never saw myself as a senior citizen, or of course, a chairperson of a retirement community residents' board, but here I am grateful for this experience. I am sure to learn a lot.

If you know me, I enjoy exercising my creativity. It has served me well throughout my sales career in the commercial printing/marketing industry. As a 46-year industry veteran—35 of those years here in Carlsbad. And yes, I am still at the same company and very engaged.

Through these years, a best practice learned is about the efficiencies of an effective document control system to maintain the quality of our products by storing written internal and external communications.

As an ISO 9000 company, we satisfy our customers by meeting regulatory requirements, and thereby continually improve our products and services. ISO 9000 is a first step, or the base level of a quality system required by some of our client's industries.

### Your Voice Matters

Writing is also a sign of clear thinking. Good communication makes things easy to understand, knowing when to leave out the unnecessary, and staying focused on the subject matter.

### PEERA Board

Chairperson	Patty Gonzales
Vice-Chairperson	Don Antrim
Secretary	Kristen Antrim
Treasurer	Pete Eiden

### Members At Large

Beautification	Patty G. (intermin)
Community Services	Carl Silva (intermin)
Complaints	Paul Thiboutot
Emergency Prep	Lanny Lippincot
Membership	Carl Silva
Publicity	Patty G. (intermin)
Technical Support	Ken Hodor

We all have the opportunity to communicate with clarity when we write. Unlike talking, when we write, we look for better word choices to express and describe the details we have in mind. Writing helps build a structure that will allow others to understand us better—communicating concerns and ideas in a more effective way while avoiding hearsay.

With the goal of improving our community, let's also start the practice of putting our communications in writing.

On the next page is a basic form to use to submit your communications—"your voice" to the PEERA Board.



**Patty Gonzales**  
Chairperson



**Don Antrim**  
Vice-Chairperson



**Kristen Antrim**  
Secretary



**Pete Eiden**  
Treasurer




## Your Voice in Our Community PEERA Board

With our PEERA Board meetings being just 30 to 45 minutes, time is precious for all. Best we be proactive vs reactive. Therefore, per our bylaws, please present the following completed form to the PEERA Board at least 10 days prior to a scheduled meeting if you want to present at that meeting.

Forms are available on the PEERA bulletin board. Please place your completed form in the PEERA drop box. If you have any questions, please email me at [patty.peera@gmail.com](mailto:patty.peera@gmail.com).

### Suggestion Feedback Form



Space # \_\_\_\_\_

Date \_\_\_\_\_

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Email Address \_\_\_\_\_

**Please check the boxes to show what this form is about:**

☐ This is Feedback

☐ This is an Inquiry

☐ This is a Suggestion for improvement

☐ This is Confidential

**Subject Matter**

**Details**

**Suggested improvement action or solution**

Do you wish to receive a response on the progress?

☐ Yes

☐ No

Additional details on back side →

# Social Club



## March—the month of new beginnings!

Or it was until around the year 700 BCE when the Roman Calendar was expanded to include January and February. So—if you haven't worked on your New Year's resolution to get more involved with the Social Club—**now is your time!**

If you missed our first monthly Friday Social Happy Hour on February 3rd, you missed out on a good time. Lots of people, appetizers, music, and great conversation. Everyone had a wonderful time...said it was a "much needed" event, looking forward to more...

Please plan on attending the next one on Friday, March 3rd at 5:30 PM. Social Club is providing **FREE** baked potatoes—asking attendees to bring all their favorite toppings—sour cream, cheese, chives, onions, chili, whatever you feel makes the best baked potato. Also, bring your drink of choice. See you there.

Fun future events for those evenings are in the works. Hint: bone up on trivia and save your quarters. That's all I'll say for now. You won't want to miss the fun. We want to receive your suggestions regarding things to do at the Friday Happy hour.

The Valentine cookie exchange was held February. Fresh baked cookies, coffee and iced tea were provided. Everyone brought a dozen and picked a dozen from those provided to take home. This event is always fun.

Both women and men were encouraged to bring the goodies they baked or purchased, and boy did they deliver!

A ST Patrick's dinner of traditional corned beef and cabbage will be served on Friday the 17th at 5:30 PM. This event is **FREE** to residents, and \$5.00 for guests. Please sign up on the sheet provided on the Social Club Bulletin Board in the Cardroom Hallway. Again, please bring drink of choice. Don't forget to wear your **green** or **orange**!

The **FREE** pancake and sausage breakfast will be on Tax Day, April 15th at 8:30 AM. Again, a sign-up sheet will be on the Social Club Bulletin Board in the Cardroom Hallway.

If you want to help setup, cook, serve, or clean up at any event, please note that when signing up.

### Please mark these dates on your calendar:

- **March 3, 5:30 PM**—Social Club Social Hour
- **March 17, 5:30 PM**—ST Patrick's Dinner
- **April 7**—No Social Hour due to Good Friday.
- **April 15, 8:30 to 10:00 AM**—Breakfast for all residents

Additional upcoming events will also be posted on the Social Club Bulletin Board, and in the April Breeze.

*"Always find opportunities to make someone smile, and to offer random acts of kindness in everyday life."*



**Sandy Wagner**  
Social Club President

**NOTE:** If you don't want to receive Social Club robocalls, please call or email the Office and ask to be taken off that particular list.  
Thank you.



# February Social Hour Photos





# March Special Event Details

## Our American Documents

**When:** March Thursdays ONLY from 5:00-7:00 PM

**Where:** East Clubhouse Cardroom

### Documents to be discussed:

- ☐ The Intolerable Acts
- ☐ Declaration of Independence
- ☐ Articles of Confederation
- ☐ Federalist Papers
- ☐ U.S. Constitution and Bill of Rights



If you would like to learn more about how the United States was founded, we will be having a discussion group talking about our founding documents in March. Come join us.

Contact Lanny Lippincott, space 305, for details.

## The Monarch Universe

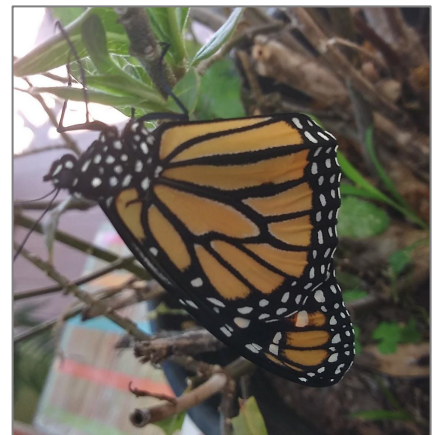
Join the Palomar West Garden Club for The Monarch Universe, presented by Rob Wood

**When:** Monday March 6th, 2023, at 2:00 PM

**Where:** West Clubhouse

Rob will deliver a PowerPoint presentation covering everything Monarch, detailing each stage of a butterfly's life. Rob explores the many reasons for their decline in numbers, and solutions on how we can all participate to assist in their recovery. He helps us understand the monarch's life cycle and migration. There will be native plants (which the monarchs need during every stage of their life) for sale after the presentation.

Any questions—Text or call Merlin at (661) 670-1336.



### Monarch Butterfly Food Supply Tip

Plant milkweed! Monarch caterpillars need milkweeds to grow and develop. There are over 100 milkweed species that are native to North America, many of which are used by monarchs. To learn which species to plant in your region, and how to plant them, visit the Bring Back the Monarchs Campaign at: [www.monarchwatch.org](http://www.monarchwatch.org).



Please join us!

for the

# Women for Women's Retreat

Hosted by SPARC

Saturday, April 1, 2023

9:00–4:30 p.m.

(you can join us or leave whenever you must)

Palomar Estates East Clubhouse

→ For residents of Palomar Estates

East and West & Rancho Valecitos only.

(40 from East, 20 from West & 20 from Rancho Valecitos)

To register:

See the  
sign-up  
sheet in  
your park's  
clubhouse.

Questions?

Call:

Michèle Silva  
Space #212 PEE  
(925) 596-1968



Topics include:

- Enhancing relationships with loved ones
- Increasing self-love
- Medication safety and more!



# Community Resources & Activities

All Are Welcome



Come Join the FUN!

ACTIVITY	DETAILS
<b>PAINTING</b>	<b>Dawn Anguiano</b> , dawnv46@gmail.com: 3rd Tuesday, 10am—1pm, East Clubhouse. Also, the 2nd Tuesday of each month at Rancho Vallecitos.
<b>CERAMICS</b>	<b>Andrea Martin</b> : Wednesdays, 6—8pm, East Clubhouse, Arts & Craft Room
<b>DANCE LESSONS</b>	<b>Anne Pearson</b> (858) 610-4816: 2nd & 4th Thursdays, 2—3:30pm, East Clubhouse
<b>FIBER ARTS</b>	<b>Sally Yeater</b> (719) 651-2866: Wednesday, 9:30—11am, East Arts & Craft Room
<b>SPARC</b>	<b>Carl Silva</b> (707) 673-7151: PEERA Community Services Member-at-Large
<b>TAI CHI</b>	<b>Rudy Cobos</b> (773) 519-6627: Fridays at 9:00 am, East Clubhouse
<b>YOGA</b>	<b>LuAnn Foster</b> (480) 203-4330: Monday—Thursday at various times and locations
<b>ZUMBA</b>	<b>Saleemah</b> (803) 463-2880: Monday—Thursday, various times and locations

## March Painting Class Note!

Paint class for February for both Rancho Vallecitos and Palomar East was held on February 7th at Rancho Vallecitos. We had a great turnout from both parks, and everyone really enjoyed painting the Valentine Gnome and Flowers.

Remember that our classes here at Palomar East are the third Tuesday of the month and classes at Rancho Vallecitos are the first Tuesday of the month.

If you are unable to make the third Tuesday, you are more than welcome to attend the class at Rancho Vallecitos. Look for the signup sheet in the clubhouse, the cost is \$10.00, put your money into the small envelopes and give it to Kasey in the office.

**Donna and Dawn hope to see you there.**

## Additional Park Activities








ACTIVITY	WHO TO CONTACT
<b>Billiards—Lower Clubhouse</b>	Ken Hodor
<b>Bocce Ball</b>	Carl Silva
<b>Fitness Facility—Lower Clubhouse</b>	Ken Hodor
<b>Golf Putting Green</b>	Henry Robicheaux
<b>Horseshoes</b>	Henry Robicheaux
<b>Library</b>	A.J. Jangula
<b>Pickleball—Lower Clubhouse</b>	Bill Mead

ACTIVITY	WHO TO CONTACT
<b>Ping Pong—Lower Clubhouse</b>	Bill Mead
<b>Puzzles</b>	Card Room
<b>Tennis—Lower Clubhouse</b>	Bill Mead
<b>Card Games</b>	Card Room
<b>Fishing</b>	Don Bomar
<b>Bingo—West</b>	Debbie Johnston & Delane Johnson

# Palomar East Calendar

## March

## 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Feb 26	Feb 27	Feb 28	March 1	2	3	4
	11:15 PM Zumba West 1:00 PM Hand & Foot* 2:30 PM Men's Bocce 3:00 PM Yoga Zoom 6:00 PM Yoga West & Zoom	10:00 AM Chair Yoga West & Zoom 2:15 PM Zumba Zoom 1:00 PM Hand & Foot* 	9:30 AM Fiber Arts 10:30 AM Zumba Zoom 1:30 PM Pool/Billiards 6:00 PM Ceramics 6:00 PM Manipulation*	10:00 AM Chair Yoga East & Zoom 11:15 AM Zumba East 1:00 PM Hand & Foot* 4:30 PM Zumba Zoom 5:00 PM American Documents 6:00 PM BINGO West	9:00 AM Tai Chi 5:30 PM <b>Social Club Social Hour</b> 	
5	6	 FULL MOON 7	8	9	10	11
	2 PM The Monarch Universe West Clubhouse	5:30 PM <b>PEERA Board Meeting</b>	The Breeze Deadline	2 PM Dance Lessons 5 PM American Documents		
<b>DAYLIGHT SAVINGS</b> 12 	13	14	<b>IDES OF MARCH</b> 15	16	<b>ST PATRICK'S DAY</b> 17	18
		10 AM Vallecitos Painting Class 		5 PM American Documents	 Social Club ST Patrick's Dinner	
19	<b>SPRING BEGINS</b> 20	21	22	23	24	25
		10 AM East Painting Class		2 PM Dance Lessons 5 PM American Documents		
26	27	28	29	30	31	April 1
				5 PM American Documents		9 AM <b>SPARC Women's Retreat</b>

**Repeating Events:** All Calendar Activities Repeat Every Week **EXCEPT** for Those in **RED TYPE!**

# Park Member News

## Welcome New Neighbors

Mildred Bogzaran

SP 228

Arrived: 01/27/2023



*Like a flower, you are here to bloom anew. Welcome home!*

## Wedding Anniversaries

Please let us know if we missed your anniversary.

Luis & Teresa Cadenas	2
Connie Long & Henry Robicheaux	5
Alicia & Edgaredo Bertino	10
Jacques & Jeanine Proulx	13
James & Judith Young	17



*True love is a forever love, a love that never ends as two hearts grow together as lovers, partners, and friends.*

## Till We Meet Again...

Phil Stoffer      SP 228      Arrived: 08/2013      Departed: 01/27—Moved to Fallbrook.

**Note:** No further details were available for the resident who left us in February. If you have information and/or photos about someone and would like to share, please send it to:

[pee.theBreeze@gmail.com](mailto:pee.theBreeze@gmail.com)



### **SPECIAL ANNOUNCEMENT—The Utility Reform Network (TURN) Meeting—February 28<sup>th</sup>!**

A representative from TURN will be **speaking at our clubhouse at 3:00 pm**. This meeting will be about the San Diego utility price increases informing all of us of what we can do to stop this nonsense.

Please contact **Liona Sharing, space 125** for more details, or just show up.





# Park Member News

## Let's Celebrate Our March Birthdays!



2	Sabine Kurz-Sherman	17	Patricia Puccini
2	Philip Hendrickson	18	Jody Zimmerman
4	Susan Stinson	20	Luis Cadenas
4	Thomas Erickson	21	Kelly Biondo
5	Melissa Fuller	21	John Helander
7	Rupert Martin	21	Virginia Schubert
8	Rosa Cabrera	22	Jean Doty
9	Ray Juarez	23	Linda Cockrell
9	Dyana Preti	23	Bob Manchip
9	Dan Warren	24	Dora Brock
10	Janet Wilson	25	Gloria Thiboutot
11	Jazzmine Wilson	25	Cheryl Lynn
11	William Tobin	26	Debbie Johnston
12	Patrick Quinn	26	Leslie Monteforte
15	Mark Cuomo	28	Mickie Davis
16	Bobby Graziano	30	Johanna McGaffin
16	Karen Kelley	30	Susie Lippincott

## March Trivia

- ♦ **Birthstone:** Aquamarine (youth, health, and hope)
- ♦ **Color:** From deep green-blue to light, slightly greenish blue hues
- ♦ **Flowers:** Daffodils, sometimes called jonquils, and narcissus



## Astrology

**Pisces:** 02/19—03/20

**Aries:** 03/21—04/20



## March 2023 Horoscope

Since 2017, Saturn — the strict taskmaster of the zodiac associated with responsibility, maturity, and long-term lessons — has been cruising through the signs of Capricorn and Aquarius. But on March 7, Saturn finally moves into Pisces, a water sign with a very different nature. Pisces is all about creativity and spirituality, presenting an excellent opportunity for us to get serious about our artistic and mystical practices.

Also, Pluto, which represents long-term generational transformation that shakes us from the ground up, moves into Aquarius. From now through the year 2044, Pluto's movement through Aquarius is guaranteed to challenge our status quo.

## What is the Lucky Color for 2023?

Feng Shui is based on the balance between energy, elements, and environment, and the lucky color for 2023, **forest green**, represents the balance between earth and water and will bring prosperity and hope.

## Coyote Warning !!!

On Saturday, Feb 11th at **10 AM** (in broad daylight) four visible coyotes walked up Elm street on the San Marcos Blvd side of our park. They were in groups of two with the second group being about six houses behind the first group. This time of year, they are very hungry and fearless.

**Remember to protect your pets even in your back yards and on your side/front porches.**





You see, **Valentine's Day** isn't just for celebrating romantic love; it's also the perfect time to eat yummy decorated cookies. Life is simply sweeter when shared. Thank you, Social Club, you smart cookies.

Patty Gonzales, **PEERA Park Publicity**





# Recipes from the Heart

Many who say they don't like corned beef, say it because they don't like boiled meat. Below is an updated version of the original recipe for corned beef before it became popular to boil it (circa 1900, New York). Roasting the corned beef makes it more tender. Roasting the veggies separately allows their own unique flavors to shine through.

*Enjoy!  
G. Cinnamon*



## Roasted (not boiled) Corned Beef

### Ingredients

1 Package Flat Cut Corned Beef—2 to 3 lbs.  
(rinsed in cold water to remove excess saltiness)

1 Bunch Fresh Carrots

1 Small Bag Small White or Gold Potatoes

1 to 2 heads Fresh Cabbage (outer leaves removed and each cut into 4 quarters)

1 Batch Horseradish Butter (1 Stick Melted Butter blended with 1+ TB Hot horseradish and S&P to taste.) **Note:** Add some fresh garlic if desired.

### Horseradish Cream Sauce

1 Cup Sour Cream

3 TB Hot Prepared Horseradish (Gold's or Inglenhoffer)

1 TB Lemon Juice

1 TB Coleman's English Mustard (or Dijon if Coleman's is not available)

S&P to taste, plus fresh chopped parsley, sweet basil, or thyme leaves to sprinkle on top.

### Directions

1. Preheat the oven to 350 degrees.
2. Place the corned beef fat side up in a large roasting pan.
3. Pour about 1/8-inch water (or dark stout) around the corned beef. If available, sprinkle the contents of the seasoning packet into the water around the meat. If not, add a TB of mustard seed and 2 Bay leaves.
4. Cover the pan tightly with heavy-duty aluminum foil and roast on the middle rack for 3 hours.
5. Place vegetables in a separate pan. Toss them thoroughly with the Horseradish Butter.
6. Mix Horseradish Cream Sauce to taste and refrigerate until ready to serve.
7. After 2 hours, place veggie pan on the bottom rack of the oven to roast. Check every 30 mins and toss to ensure they do not burn.
8. At the end of 3 hours, remove the beef brisket from the oven and let cool slightly.
9. Remove the fat from the top of the brisket by peeling it off the top with a smooth sharp knife.
10. Slice the brisket and arrange on a large platter that can also hold the veggies as shown in the photo above. Don't forget to serve the Horseradish Cream Sauce tableside.







## to the Editor

From time to time, *The Breeze* receives letters to the Editor. These are vetted to ensure their subject is relevant, and their language is not offensive or threatening to our residents. Because **caveat emptor** "buyer-beware" is an ongoing issue for most residents, we have decided to include the letter below.

### ATTN: Palomar East Residents

#### Know your laws for your protection

I think everyone knows what the meaning of "assume" is?

If not, let me tell you what my miss-steps have been over the last eight years. First, I had a \$7,000 new shower refit from the Garden Tub which took so much water to fill. No permit was issued, so I had no recourse to collect on things I felt were not done right.

Next, I had a new roof installed two and a half years ago. Again, no permit was issued. After many letters to the Contractors' Board, a licensed roofer came out with the investigator, and the roofer said, "It was not installed properly." So, the investigator gave me the name to call Niche Builders to work out an agreement.

Niche Builders agreed and offered me \$5,500, and I would have to pay \$5,500 to Synchrony Bank. So, we

had a written agreement. However, I only received \$2,932. Then no payment in November or December. They still owe me \$2,567 and will not answer my phone calls. I have now sent two certified mail receipt letters to both the Contractors' Board and to Niche Builders, however, no return calls have been received.

My only recourse is to file a small claims case against Niche Builders in hopes I will recover my money. Knowing how you may or may not collect if you are rewarded on a claim, I paid off the \$10,866 I owed Synchrony as the finance charges were mounting.

Let this be a warning—anything structural done to your home requires a permit or you will have little recourse to address poor quality workmanship.

Sincerely, Leanne Pohrman, #94.

**Notes from the Editor:** When using a contractor, be careful. **First**, is that contractor **licensed**? If not, you must know them very well in order to trust them because you will have little recourse if they do faulty work. **Second**, ask to **see** the **city issued permit before any major work begins**. This may cost more up-front, but it provides you with a recourse in the case of faulty work for whatever reason (e.g., product, service, installation, etc.). Note that a non-California-licensed vendor cannot obtain a local permit. **Third**, if an unlicensed/unbonded **contractor is injured on your property**, that contractor can **sue you for Workman's Comp**. If you do not carry this type of insurance, it can be very costly to pay these claims as most courts side with the physically injured party.