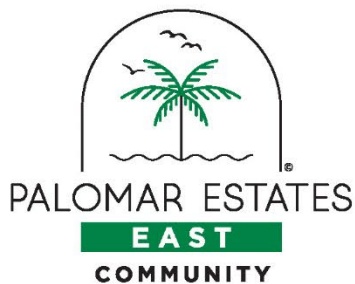




**Emergency: 911**

**Non-Emergency: 760-510-5200** *after hours*



650 South Rancho Santa Fe Road  
San Marcos, CA 92078

**Kasey Koenig:** Park Manager/Office  
**Felipe Diaz:** Park Manager/Maintenance  
**Patty Mackey:** Office Assistant  
**Phone:** (760) 727-2010  
**Fax:** (760) 727-2844  
[palomareast@gmail.com](mailto:palomareast@gmail.com)

**Office Hours:**  
Monday-Friday 8am-12pm & 1pm-4pm

**Clubhouse Hours:**  
Monday-Sunday 8am-9pm

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## **Haven Management Services**

*Property Management Company*  
3491 Concourses Street, Suite 204  
Ontario, CA 91761

**Katie Davis:** (909) 930-9750 x3005  
**John Davis:** (909) 930-9750 x3003  
**Fax:** (909) 930-9498  
[www.havenms.com](http://www.havenms.com)

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## **Millennium Housing**

611 Anton Blvd Suite 890  
Costa Mesa, CA 92626  
[www.millenniumhousing.com](http://www.millenniumhousing.com)

**President:** George Turk  
**Vice-President:** Lori Carraway  
**Project Manager:** Diana Welsch  
**Director, Resident Services:** Stacey Kazmierski

**Phone:** (949) 515-5100  
**Fax:** (949) 515-5101



# February Editorial

## Los Angeles Fires Devastation

Our hearts and prayers go out to all those affected by the Los Angeles fires as well as to the responders. The devastation has been enormous.

This event has reminded us of previous wildfires in San Diego County and the need to be prepared.

"We've seen firsthand how wildfires can devastate our communities, which is why preparation is critical," said Mayor Todd Gloria. "I urge all San Diegans to take proactive steps now — create your emergency plans, assemble a supply kit, and stay informed. Being ready today can make all the difference when faced with wildfire danger."

## Make Emergency Preparation More Than a Good Idea

It is well known that Southern California has two obvious potential threats from the environment: Fire and Earthquake. Many of us have experienced conditions of wildfire and earthquake.

As a community, we need to take emergency preparation seriously, more than a hypothetical, 'could happen.' We need to be prepared for an actual threat of fire or earthquake.

The following information was excerpted from a January 8<sup>th</sup> story on "Inside San Diego."

With a dangerous combination of dry and windy conditions in the forecast — and wildfires currently burning in Los Angeles and neighboring counties — the City of San Diego is reminding residents to have an emergency plan in place.

Drop us a line or an article anytime at [PEE.TheBreeze@gmail.com](mailto:PEE.TheBreeze@gmail.com)

Also, the PEERA website is: [peerasm.org](http://peerasm.org)



*Helicopter in the Kenneth Fire in Los Angeles on Thursday.  
Ethan Swope/AP*

## Emergency Plans

Now is the time to review your emergency plans, create an emergency supply kit, and stay informed. Information regarding these plans is provided online at [sandiego.gov/oes/plan](http://sandiego.gov/oes/plan).

This website includes suggested steps to begin formulating your personal emergency plan:

1. Identify Hazards Relevant to You.
2. Build a Personal Disaster Kit.

Your preparedness to respond to an emergency will depend on your planning and the supplies you have ready. Learn how to build emergency supply kits for your shelter, vehicle and workspace. Check with your child's school or care provider to learn what they have planned. And consider the unique needs of children, elderly parents, grandparents

**Joanne Price**, Editor, *The Breeze*



### Monthly Contributors to *The Breeze*

Joanne Price—Editor

Patty Gonzales—Creative Director/  
Staff Photographer

Kasey Koenig, George Turk, Lanny  
Lippencott, the Social Club, and the PEERA  
Board

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# February Editorial

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and any disabled or special needs family members. Don't forget, pets are family too! At a minimum, your kit should include:

- ✓ Water: 1 gallon per person, per day
- ✓ Food: Three-day supply of non-perishable items
- ✓ Protein bars, canned fruits and vegetables (plus a can opener), nuts and crackers
- ✓ Radios, flashlights and extra batteries
- ✓ Cellphone chargers
- ✓ First aid kit
- ✓ Sanitation items
- ✓ Copies of important documents in a waterproof container
- ✓ Medications

Preparing does not have to break the budget. You can pick up extra items each time you do your weekly or monthly shopping and set them aside in a designated area or container. Make sure the entire family knows that they are for emergencies only and knows where they are located.

### 3. Develop a Communications Plan.

Things to consider:

- ✓ How will you contact one another?
- ✓ How will you let your family know that you're somewhere safe?
- ✓ Identify someone to alert in the event that a pet is at home alone while you're away
- ✓ Understand that certain communication networks may not be available during a disaster (i.e., electrical lines may be down; cell phones and computers may not be fully charged)

### 4. Document Contact Information.

- ✓ Collect phone numbers and emails for out-of-town relatives, doctors, vets, schools and employers
- ✓ Identify the addresses and phone numbers of area shelters, hotels and other safe locations
- ✓ Make sure all family members have copies of contact information

### 5. Plan an Evacuation Route.

- ✓ Choose two places to meet: one right outside your home in case of sudden emergency, and one outside the neighborhood
- ✓ Identify the routes to leave your area in the event of an evacuation
- ✓ Call hotels along your route to determine if they are pet-friendly
- ✓ Consider those with disabilities and make sure meeting places are accessible for all

### **Emergency Resources to Know About**

- Sign up for [Alert San Diego](#), a countywide regional notification system that sends telephone notifications to residents and businesses within San Diego County impacted by, or in danger of being impacted by, an emergency or disaster. Sign up at [readysandiego.org](#).
- Visit the [sandiego.gov/fire]San Diego Fire-Rescue Department's webpage and download the [Ready, Set, Go!](#) guide to developing emergency plans for wildfires. The guide includes checklists and tips on assembling emergency supplies and belongings, planning escape routes and packing emergency items. Visit the [National Weather Service](#) for the latest information on local warnings and weather conditions.

Our PEERA Board worked last year to update the Palomar Estates East Emergency Preparedness Plan provided to residents. This document is available on our website ([peerasm.org](#) – Place your mouse over the "PEERA" tab, then select "Park Emergency Preparedness" in the dropdown menu).

Peter DelBene is the new PEERA Board Member for Emergency Preparedness and will be continuing our focus on emergency preparedness. Resident input to these plans and resources will be critical to developing effective emergency preparedness information and measures for our community.

# Millennium Memo

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It's old news by now, but this is my first chance to comment on Lisa & Burt Hamernick's departure from their posts at Palomar East & West.

It was an unusual arrangement—husband at one Park, wife at the one next door—but we thought it worked pretty well. We only had them for about 18 months, but we were struck by the great job they both did.

We can go on at length about Palomar East's many virtues, but perhaps the best evidence: home sales averaging \$346K over the past 12 months. Kasey & Burt did such a great job together that folks are willing to pay those prices just to be your neighbor.

We certainly understand their desire to be closer to their grandchildren. Good luck to them, as they enter this new phase of their lives.

As I'm typing this (on Jan. 7), we haven't found Burt's replacement yet. In the meantime, please be patient with your Park Staff during this transition. [Editor's Note: Felipe Diaz has now been selected as the new Palomar Estates East Maintenance Manager.]

## **In Less Bittersweet News**

This month's Kudo goes to Patty Gonzales for her term as PEERA President. We enjoyed our partnership with Patty and certainly admired her energy and love for Palomar East. Thank you for your service, Patty.

Now it's Michele Silva's term at the helm. We look forward to working with Michele and the PEERA Board to achieve what we all want—a successful 2025.

The December SPARC Holiday Party was quite the event. 84 residents attended from our 3 San Marcos Parks, including 40 from Palomar East.

Those who came enjoyed lunch, Bingo, Sax-player Tony Merlo...thanks to Stacey from SPARC for sponsoring, and to Debbie & Andrea for helping serve the food.

You've probably seen more Coyotes lurking in the Park lately, so please don't leave food out for them. One good way to do that: keep your cats inside your home. I lost a beloved feline to a coyote once. I'd hate that to happen to you.

## **It Might Be a Challenge for Me, But...**

My New Year's Resolution is to stop being so condescending...and in case you aren't aware, "condescending" means talking down to people. That's a good one, isn't it?

Thanks again to Burt for his service to your Park, good luck with your resolutions...and have a fun Valentine's Day.

***George Turk***

*President  
Millennium Housing*

# East Park

## MARKET UPDATE & MANAGER'S REPORT



### Home Sales

There were no homes sold during January month and there are currently no homes in escrow. At the time of writing this article there are nine homes currently listed for sale. Since the start of January, we have received many inquiries from interested parties.

### Maintenance Update

The irrigation was repaired around the RV Storage area and clubhouse. Fresh flowers were planted at the park entrance. The light poles around the clubhouse were repainted black and brighter bulbs were installed throughout the parking lot. Repairs were made to lights on Palm St and around the Bocce Court.

### New Maintenance Manager

We said farewell to Burt Hamernick and are now saying welcome to Felipe Diaz. Some of you may remember Felipe from the 16 years he spent working here before being promoted to maintenance manager at Palomar West. We are excited to have him return to Palomar East and assume the role of maintenance manager.

### Parking

Street parking is only allowed when loading or unloading at the homesite between the hours of 8am and midnight. Homeowners and residents must not block another homeowner's driveway. Please have guests park in the visitor parking spaces. Double parking is not permitted at any time.

### Coyote Hazing

You should have received a flyer from the office regarding Coyote Hazing. If you did not receive one, please contact the office.

Hazing is a process designed to scare animals away and instill in them a fear of humans. This is done for both public safety and the well-being of the animal. Please follow the suggestions included on the informational flyer.

Remember, coyotes can jump fences and can access unattended animals. Keep your pet safe!

### Short & Quick

- Stop Signs – No rolling stops please! Complete stops.
- Don't forget to clean your rain gutters. The rain season will be upon us shortly.
- The 2025 Directory is underway. If you need to change or remove your number contact the office immediately. We hope to distribute them in March.
- We have new tables and chairs in the clubhouse and a new RV storage remote-controlled gate.

NOTE: The office will be closed on Presidents' Day, February 17<sup>th</sup>.

### Your concerns and needs ARE IMPORTANT!

If it is not urgent or an emergency, we encourage you to email us: [palomareast@gmail.com](mailto:palomareast@gmail.com)

# Palomar Estates East Residents Association



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## Notifications & Activities

### Summary of the January PEERA Board Meeting

Dear Palomar Estates East Residents,

I hope your 2025 has started off well!

We had our first PEERA Board meeting of the new year on January 7th and it was quite informative and "spirited."

In addition to being updated by the PEERA Committee Chairs, during the Residents' Exchange portion of the meeting (formerly called the 'Open Forum'), we had a long discussion about the possible strategies residents could use for dealing with coyotes in our community. Sally Yeater, Beautification Board Member-at-Large, shared that the most effective, and legal, option for scaring coyotes away is hazing, which was detailed in the flyer that Kasey put in our tubes.

The following is a summary of main points of the flyer:

**DO NOT FEED** coyotes (or other wild animals which coyotes feed upon), by leaving either pet food outside or allowing fruit from citrus trees to remain on

### PEERA Board

Chair	Michele Silva
Vice Chair	Connie Bloem
Secretary	Susan Ewing
Treasurer	Leslie Dranko

### Members At Large

Beautification	Sally Yeater
Community Resources	Ken Hodor
Complaints	Joanne Robinson
Emergency Prep	Peter Del Bene
Helping Hands	Michael Weiss
Membership	Jetta Russell
Publicity	Joanne Price

the ground. Included in this admonition is to NEVER leave your pet outside alone, unprotected or off leash. Coyotes are VERY fast and agile, and have been seen to jump over 6 feet tall fences to grab food, or a pet, and run faster than most humans can react.

**DO WHAT YOU CAN** to make coyotes fear humans. Right now, they're very familiar with humans and not afraid to be near us. Coyotes need to associate loud and uncomfortable noises with humans so they'll look elsewhere for food. Loud noises can be made using spoons pounding on



metal pots, whistles and yelling/waving arms at the coyotes.

We learned from a resident that Orange County, which had the same problem with coyotes, hired a company to remove them. We're looking into this service, but we're pretty sure it's relatively expensive and coyotes usually re-populate areas where the pack has been removed. Even if every coyote in a community were removed from a community, this would allow other packs of coyotes to take advantage of the territory being cleared and they'll gladly move in.

### New Projects

- **Robo Calls** – We're working on implementing text messaging for information to residents. In some cases, this might also include a robo-call (depending on the importance and urgency of the situation). We asked how many residents would welcome the text notification option. The majority present said "yes," they would like that option. This would involve informing the community what the text notification phone number is so that residents would know the text is communication from PEERA, and it comes from a reliable source.
- **Pledge of Allegiance** – We asked Board Meeting attendees about saying the Pledge of Allegiance to open PEERA Board Meetings. The majority of residents were in favor of this.
- **'Donuts and Data' Day** – During the Publicity Committee report, it was suggested that we might initiate a "Donuts & Data" program

where, once a month on Donut Day (the first business day of each month), we have one or more people who are tech savvy provide assistance with residents' cell phones, iPads, computers, etc. This suggestion got a majority "yes" vote, too, and we have a handful of residents who may be able to provide this technology assistance.

- **Videoring Board Meetings/Zoom Call** – We asked residents about making a Zoom option available to residents who cannot attend a PEERA Board meeting in person. This idea was favorably received as well.

The PEERA Board met the week of January 13th to discuss the feasibility and implementation of these programs. Since the deadline for this article was prior to the January 13th meeting, you'll need to come to the next PEERA Board meeting on Tuesday, Feb. 4th to hear about 'next steps.'

As always, your feedback and input are welcome. Feel free to contact me at (925) 596-1968 (call or text) or by email: [celebr8@comcast.net](mailto:celebr8@comcast.net).

Thank you for your support, and please remember to treat each other with respect and kindness when you attend a Board Meeting. We value the diverse voices in our community!

Yours to count on,

**Michele Silva**  
PEERA Chair

The next PEERA Board Meeting will be held on Tuesday, February 4th at 5:30 pm, clubhouse.



## Social Club

### *First Social Hour of 2025*

Please join us for the first Social Hour of 2025 on Friday, February 7th, at 5:30 p.m. Kindly bring your favorite appetizer to share and your beverage of choice. We look forward to sharing time together.

Mark your calendars! This year's Mardi Gras celebration will be held on Saturday, March 1st. Further details will be announced soon.

It is interesting to note that Mardi Gras dates are not fixed, as they are determined by the lunar cycle and the date of Easter (the first Sunday after the full moon following the spring equinox). Consequently, Mardi Gras Day this year falls on Tuesday, March 4th. Fat Tuesday, the final day of Carnival, always precedes Ash Wednesday, the commencement of Lent.

We had a great New Year Eve celebration. The Boatrockers were fantastic, the food was delicious, and we danced the night away, well until 9 pm... LOL

Celebrate endings - for they precede new beginnings.

### *Have a Happy Valentine's Day!*

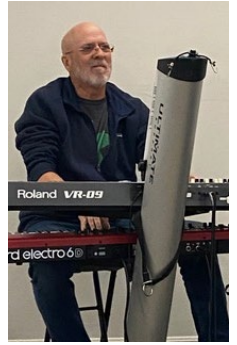
**Debbie Johnston**

Social Club President

### *New Year's Eve Celebration*



# Social Club – New Year's Eve



# Christmas Decorating Contest 2024

Holiday decorating makes the ordinary extraordinary. The beauty of decorating for seasons and holidays is that we choose to make otherwise normal days special.

Decorating and having small projects creates a sense of community, togetherness. We feel a part of something larger than ourselves.

Decorating and celebration have a way of making regular days become exciting, charged with anticipation, as we lead up to the holiday or event.

We appreciate all those who decorated their homes for the holidays, regardless of scale. The Christmas Decoration Contest winners and their categories are shown below.

- **Space 369** – "Up on the Rooftop" – Best Use of Inflatables. Santa sat watching us from the rooftop checking his list twice.
- **Space 318** – "Timeless Charm"— Most Retro Classic. A heartfelt appreciation of warmth, hope, with a peaceful glow.
- **Space 211** – "To the Moon and Back" – Best Use of Lights. Surely our park was seen from outer space.



*Space 369 – "Up on the Rooftop"*



*Space 318 – "Timeless Charm"*



*Space 211 – "To the Moon and Back"*

# City of San Marcos Volunteer Opportunities

City of San Marcos volunteers provide a variety of services that help augment the work of City staff. Volunteers gain valuable experience and provide meaningful work to the community. Volunteering with the City provides an opportunity to utilize valuable skill sets and develop new ones; gain valuable work experience towards a new career path; and learn how local government functions. Each volunteer hour given by a community member helps increase the effectiveness and efficiency of City departments and their programs.

## **Volunteer Opportunities**

### **San Marcos Senior Activity Center**

- Lunch Program
- Front Desk
- Class and Program Instructors/Leaders
- Computer Lab
- Special Events
- Building Maintenance/Janitorial

### **Parks & Trails Reserve Ranger Program**

- Reserve Rangers
- Jack's Pond Nature Center Docents
- Monthly Hike Leaders
- Trails Advisory Committee
- Building Maintenance/Janitorial

### Examples of Volunteer Duties

- Serve as a resource for visitors regarding rules and regulations
- Ensure park and trail safety for visitors by encouraging responsible use
- Observe and report issues such as damage, graffiti, violations, unsafe conditions, concerns, incidents, emergencies
- Provide information for visitors including preservation, directions, recommendations, etc.

- Assist with park and trail activities and events (i.e. monthly trail hikes, Trails Day, school/community outreach)
- Crowd facilitation and control during events
- Assist at Jacks Pond Nature Center
- Maintenance of parks and trails (when needed)

### Qualifications

- At least 18 yrs. old and enjoy the outdoors
- Display and maintain professional conduct, integrity and positive attitude
- Available for 2-4 shifts per month
- A valid driver's license is required only if planning to access a city vehicle

Volunteers receive basic training with public relations, Park/trail policies and procedures, and CPR/First Aid.

To volunteer for any of these opportunities, just complete the appropriate Volunteer Application (refer to the website link below).

<https://www.san-marcos.net/departments/parks-recreation/volunteer-opportunities>



# Palomar Estates East – Clubs Collaboration

## Sister Parks Collaboration

Palomar Estates East, Palomar Estates West, and Rancho Vallejos are 'sister parks' owned by Millennium Housing. These parks frequently share activities and resources, widening our community of 'neighbors.' You might want to attend some of the clubs and activities that have extended invitations for collaboration.

## Palomar Estates West Garden Club

The Garden Club at Palomar Estates West is a perfect example of this collaboration. Residents of Palomar Estates East are invited to join in the activities hosted by the Garden Club.



Merlin Chancellor leads the Palomar Estates West Garden Club.

**As an example of Garden Club activities, the following are some of what was scheduled for November:**

- **Nov 4** – Cathy Byrd led a workshop on making and decorating stepping stones for your garden. Signup at the clubhouse or by emailing Merlin at [mvchanc@gmail.com](mailto:mvchanc@gmail.com). Bring shards of broken glass, pottery, etc. for decorating. Everything else will be provided. (Some of our Palomar Estates East residents participated in this fun activity!)

- **Nov 12** – Roger's Garden Tour: Meet at the clubhouse at 9 am we will be carpooling. Shavaun will make lunch reservations. Please RSVP through email to Merlin or to Shavaun. We will do the tour then lunch.
- **Nov 16** – 10am PEW Crafts Fair. We will set up Friday after 4 pm. Bring plant cuttings in pots with soil to sell. Last year we made \$200 !

Of note, the guest speaker for the October Garden Club meeting was Cindy Bruecks, San Diego Master Gardener. Her topic was "Make Your Garden and Home More Fire Safe."

## Rancho Vallejos Painting Class

Another example of club collaboration is the Painting Class held monthly on the first Tuesday of each month in the game room at Rancho Vallejos. Signup sheets are in the main clubhouse or you can call Donna (760-802-2170) or Dawn (760-945-7629) to let them know you will be attending. Classes are from 10 am to 1:00 pm. The cost is \$10 and all materials are provided. In January, there was a full house with everyone painting birch trees and birds.



# Palomar Airport Commercial Flights

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## San Diego County Approves Return of Commercial Flights to Carlsbad Airport

Daily commercial flights will return to McClellan-Palomar Airport in Carlsbad beginning Feb. 13 under a contract with American Airlines approved unanimously Wednesday by the San Diego County Board of Supervisors.

The two-year lease was opposed by residents who have fought any expansion of the airport for decades, mainly because of the noise from flights over nearby homes. Pilots, business owners and air travelers from across the county supported the service.

Denial of the American Airlines contract could be considered discriminatory by the Federal Aviation Administration, which provides more than 90 percent of the funding for capital improvements at the county's airports, said county Director of Airports Jamie Abbott.

The county could lose millions of dollars in annual funding were the contract not approved, Abbott said. Also, the FAA could revoke previous funding for what the agency considers the failure to follow the terms of its grants.

Recent court cases in Los Angeles and Santa Monica have upheld the FAA's requirement that smaller airports must be available to commercial airlines, Abbott said. Just last year, the Los Angeles City Council reversed its decision to deny a helicopter company's lease at its Van Nuys airport based on noise concerns.

"I feel we basically have a gun to our heads," said the board's acting Chair Terra Lawson-Remer.

There's a chance that residents or the Carlsbad City Council could sue the county for approving the deal, she said, but the FAA could take legal action if it's not approved.

"I'm very upset," Lawson-Remer said. "There are a lot of concerns about making sure we are not impacting the quality of life."

Supervisor Jim Desmond, a former pilot for Delta Airlines, said he was pleased to see commercial flights returning to North County even though he realized there are legitimate concerns about noise.

The Embraer 175 jets that American will use at Palomar are quieter than the business jets that operate there now, Desmond said. The new jets also will be quieter than the turboprop aircraft used for previous commercial flights.

Also, he said, the new jets become airborne quicker and climb faster than older planes, which further helps to reduce the noise heard near the airport.

The board received 28 requests to speak and more than 1,100 emails on the contract, a majority of which opposed it.

Along with approving the contract, the board agreed to waive \$351,000 in fees for the airline in the first year of the contract, and to remove a 70-seat restriction on aircraft using the airport. The Embraer jets will have a capacity of 76 seats.

The flights will be offered by American Eagle, a regional service of American Airlines. Jets will depart at 6:15 a.m. and 12:35 p.m., returning at 11:50 a.m. and 6:30 p.m. daily.

American Eagle previously flew daily from Carlsbad to Los Angeles from 1991 to 1997. United Express provided regular service between Carlsbad and Los Angeles from 1996 to 2016. United used a 30-passenger turboprop for the flights, which ceased when the company switched to a new fleet of jets that needed a longer runway.

Airport officials said Wednesday they will add two more noise monitors to the four now at the airport, and they will report the data collected to the board at the end of the year.

Excerpts from: January 9th article in the San Diego Union-Tribune, by Phil Diehl.

# Community Activities

**All Are Welcome**



**Come Join the FUN!**

ACTIVITY	WHO TO CONTACT AND MEETING SCHEDULES
<b>BINGO</b>	<b>Debbie Johnston &amp; Delane Johnson: Thursdays, 6 PM at West</b>
<b>BOOK CLUB</b>	<b>Holly Barry (619) 301-6591: 2<sup>nd</sup> Wednesday</b> each month, 1:00 PM, East Clubhouse Card Room.
<b>BUNCO</b>	<b>Jetta Russell: (619) 994-5647: 3<sup>rd</sup> Thursday</b> each month, 4:45 pm, games at 5 PM to 7:30 PM at the Palomar East Clubhouse in Card Room
<b>CERAMICS</b>	<b>Andrea Martin: Wednesdays, 6 - 8 pm, East Clubhouse, Arts &amp; Craft Room</b>
<b>DANCE LESSONS</b>	<b>Anne Pearson (858) 610-4816: 2<sup>nd</sup> &amp; 4<sup>th</sup> Thursdays, 2 - 3:30 pm, East Clubhouse</b>
<b>HAND &amp; FOOT CARD GAME</b>	<b>Anne Litz (760) 846-5850 (Please leave message) or Marilyn Fluharty (218) 821-0337: Mondays and Thursdays, 1 pm, at Marilyn Fluharty's home (Spc 179)</b>
<b>MANIPULATION CARD GAME</b>	<b>Linda Cockrell (760) 846-5850: Wednesdays, 6 - 8 pm, East Clubhouse Card Room</b>
<b>PAINT CLASS</b>	<b>Dawn Anguiano, dawny46@gmail.com: (1<sup>st</sup> Tuesday</b> each month at Rancho Vallecitos)
<b>QUILTING GROUP</b>	<b>Tuesdays, 9:30 am to noon, East Clubhouse Card Room.</b>
<b>TAI CHI</b>	<b>Rudy Cobos (773) 519-6627: Fridays</b> at 9:00 am, East Clubhouse
<b>YOGA</b>	<b>LuAnn Foster (480) 203-4330: Monday: 3:00 PM Zoom, 6:00 PM Yoga West &amp; Zoom, Tuesday: 10:00 AM Chair Yoga West &amp; Zoom, Thursday: 10:00 AM Chair Yoga East &amp; Zoom</b>
<b>ZUMBA</b>	<b>Saleemah (803) 463-2880: Monday: 11:15 AM West, Tuesday: 10 AM East, Wednesday: 10:30 AM Zoom, Thursday: 11:15 AM East</b>

## Additional Park Activities

ACTIVITY	WHO TO CONTACT
<b>Billiards</b>	Ken Hodor
<b>Bocce Ball</b>	Carl Silva
<b>Card Games</b>	Card Room
<b>Darts</b>	Don Bomar
<b>Fishing</b>	Don Bomar
<b>Fitness Facility</b>	Ken Hodor

ACTIVITY	WHO TO CONTACT
<b>Golf Putting Green</b>	Dave Fenner
<b>Horseshoes</b>	Dave Fenner
<b>Library</b>	A.J. Jangula
<b>Pickleball</b>	Joanne Price
<b>Ping Pong/ Tennis</b>	Bill Mead
<b>Puzzles</b>	Card Room

# Monthly Calendar

## FEBRUARY 2025

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**WEEKLY ACTIVITIES:** The following are regular weekly activities that occur on the day indicated.

**11:15 AM** – Zumba (West)  
**1 PM** – Hand & Foot  
**2:30 PM** – Men's Bocce Ball  
**3 PM** – Yoga (Zoom)  
**6 PM** - Yoga (West & Zoom)

**9:30 AM** – Quilting Group  
**10 AM** – Zumba (East)  
**10 AM** – Chair Yoga (West & Zoom)  
**2:15 PM** – Zumba (Zoom)

**10:30 AM** – Zumba (Zoom)  
**1:30 PM** – Pool/Billiards  
**6 – 8 PM** – Ceramics  
**6 – 8 PM** – Manipulation Card Game

**10 AM** – Chair Yoga (East & Zoom)  
**11:15 AM** – Zumba (East)  
**1 PM** – Hand & Foot  
**4:30 PM** – Zumba (Zoom)  
**6 PM** – Zumba (West)

**9 AM** – Tai Chi (East)

**SPECIAL ACTIVITIES:** The following activities occur only on the dates indicated

1

2

**3**  
**8:00 AM**  
**Donut Day** – Clubhouse

**4**  
**5:30 PM**  
**PEERA Board Meeting** – Clubhouse

5

6

**7**  
**(Private Party Scheduled)**

8


9

10

**11**  
**10 AM to 1 PM**  
**Paint Class** – (Vallecitos)



12

**1 PM**   
**Book Club** – Clubhouse

13

**2 – 3:30 PM**  
**Dance Lessons** – Clubhouse

14

**Valentine's Day**

15

16

**17**  
**Presidents' Day**  
 (Office Closed)

18

19

20

**4:45 PM**  
**Bunco** –Start at 5PM at Clubhouse Card Room

21

22

23

24

25



26

27

**2 – 3:30 PM**  
**Dance Lessons** – Clubhouse

28

# Park Member News

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## Welcome New Neighbors

We look forward to getting to know you! Please fill out the envelopes found in your Welcome tote. You can return them to the Social Club and/or PEERA lockboxes in the clubhouse.

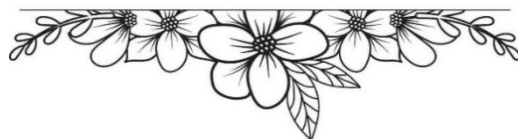
- Valerie Olsen                      Space 31  
Arrived: 12/3/2024      Welcome!

## Gone and Not Forgotten

- Christine Hill                      Space 298  
Arrived: 4/2017              Passed Away: 12/5/2024
- Larry Wright                      Space 58  
Arrived: 10/2011              Passed Away: 12/25/2024

## Wedding Anniversaries

- |        |                                 |
|--------|---------------------------------|
| Feb 3  | James Pavlichko & Maia Lamont   |
| Feb 9  | Michael Erickson & BB Alexander |
| Feb 14 | Earl Powell & Lydia Harry       |
| Feb 14 | Paul & Gloria Thiboutot         |
| Feb 16 | Richard & Debra Purves          |
| Feb 18 | Jim & Cindy Gleason             |
| Feb 24 | Jorge & Cathy Usi               |
| Feb 27 | Warren & Terry Boatwright       |



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## Poems From the Heart

### I Thought of You with Love Today

I thought of you with love today,  
but that is nothing new.

I thought about you yesterday,  
And days before that too.

I think of you in silence,  
I often speak your name.

All I have are memories  
and a picture and a frame.

Your memory is a keepsake  
with which I'll never part.

God has you in His keeping,  
I have you in my heart.

- Author Unknown

### I'd Marry You Again

With tiny tears that glistened, my eyes were  
fixed on you, and thinking of the life we'd  
share, we softly said "I do."

Our hearts were knit together from the time  
that we first met, and memories were  
gathered, that we never will forget.

While daily living life with you, you saw the real  
me, and still you chose acceptance, a lifelong  
mystery.

With many happy days gone by, and others  
when we cried, some days we'd share so  
endlessly, while other days we'd hide.

With all the ups and downs we've had, in  
learning to be friends, I know that in this heart  
of mine, I'd marry you again.

- Anne Peterson

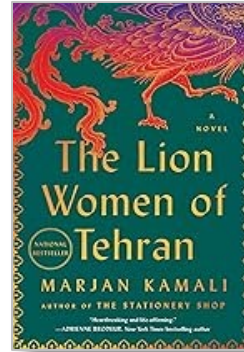
# Park Member News

## Celebrating Our February Birthdays!

1	Valerie Pierce	16	Rebecca Zimmermann
1	Joanie Corrales	17	Chester Wimpee
3	Felicia Pekarek	19	Gordon Penge
3	Irene Hoover	20	Rick Scott
7	Kristyne Hutton	21	Louann Honarvar
9	Julliette Gordon	21	Bill Mead
9	Patti Leon	22	Jennifer Quincey
9	Emily Wolfe	22	Marilyn Tippetts
9	Cat Reeve	22	Carol Dean
12	Hoi Ly	24	Bing Kuhlmann
13	Jacqueline Knowlton	24	Joan Elder
13	Lynn Esposito	27	Marcia Wells
14	Iva Heide	27	Catherine Usi
15	Lorraine Ralston	28	Dale Maddox
15	Patty Herron	29	Dolores Bsharah

## Book Review – The Lion Women of Tehran

(Excerpted from Amazon.com)



In 1950s Tehran, seven-year-old Ellie lives in grand comfort until the untimely death of her father, forcing Ellie and her mother to move to a tiny home downtown. Lonely and bearing the brunt of her mother's endless grievances,

Ellie dreams for a friend to alleviate her isolation.

Luckily, on the first day of school, she meets Homa, a kind girl with a brave and irrepressible spirit. Together, the two girls play games, learn to cook in the stone kitchen of Homa's warm home, wander through the colorful stalls of the Grand Bazaar, and share their ambitions of becoming "lion women."

But their happiness is disrupted when Ellie and her mother are afforded the opportunity to return to their previous bourgeois life. Now a popular student at the best girls' high school in Iran, Ellie's memories of Homa begin to fade. Years later, however, her sudden reappearance in Ellie's privileged world alters the course of both of their lives.

Together, the two young women come of age and pursue their own goals for meaningful futures. But as the political turmoil in Iran builds to a breaking point, one earth-shattering betrayal will have enormous consequences.

*The Lion Women of Tehran* is a mesmerizing tale of love and courage, and a sweeping exploration of how profoundly we are shaped by those we meet when we are young.

## Book Club



Do you enjoy reading? Would you like to experience different genres? Mystery, Fantasy? Historical Fiction? Comedy? Come join our monthly book club at on the 2<sup>nd</sup> Weds of each month, 1pm at the clubhouse.

Whether you've read the book or not, come for our discussions, connect with other residents and reap the benefits of a good book.

We are a fun-loving group who share the passion for reading and who would welcome all newcomers.

- **February Book** – *The Lion Women of Tehran*, by Marjan Kamali
- **March Book** – *James*, by Percival Everett. This book was winner of the National Book Award
- **April Book** – *The Bad-Ass Librarians of Timbuktu: And Their Race to Save the World's Most Precious Manuscripts*, by Joshua Hammer.
- **May Book** – *Reading Lolita in Tehran*, by Azar Nafisi
- **June Book** – *Nine Perfect Strangers*, by Lane Moriarty



# Publicity

PEERA Board Committee



## Overview

Today, some of the most prevalent scams to be aware of include AI-powered scams (like convincing phishing emails and deepfakes), student loan forgiveness scams, robocall phone scams, government impersonation scams, online shopping scams, QR code scams, investment scams, romance scams, and job/employment scams. Scammers often use pressure tactics and promises of quick money to trick victims into giving personal information or money.

The following are key things to help identify scam activities.

- Urgency and Pressure Tactics – Scammers often try to rush you into making a decision by claiming a limited-time offer or an emergency.
- Requests for Personal Information – Be cautious about giving sensitive details like credit card numbers, Social Security numbers, or bank account information to unknown individuals.
- Unbelievable Offers – If something seems too good to be true, it probably is.
- Impersonation of Trusted Entities – Scammers might pretend to be from a government agency, bank, or well-known company to gain your trust.
- Suspicious Links and Attachments – Do not click on links or open attachments from unknown senders.

## Examples of Current Scams

- AI-Generated Deepfakes – Scammers use AI to create realistic videos of known people to trick you into believing they are contacting you directly.
- Student Loan Forgiveness Scams – Fake offers to "forgive" student loans often request upfront fees or personal information.
- QR Code Scams – Fraudulent QR codes placed on public surfaces lead to malicious websites when scanned.
- Online Shopping Scams – Fake websites sell products that never arrive or are of poor quality.
- Romance Scams – Individuals create fake online profiles to build relationships and then ask for money.
- Job Scams – High-paying jobs with minimal requirements often request upfront fees or personal information.

## What to Do if You Suspect a Scam

- Do Not Respond – Ignore suspicious emails, texts, or calls.
- Verify information – Contact the company or organization directly through a known and trusted channel to check legitimacy.
- Report the Scam – Inform relevant authorities like the Federal Trade Commission (FTC) or your local law enforcement agency.



# The Kindness of Strangers

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In September 2024, the Reader's Digest featured 30 True Stories about the touching kindness of strangers.

"We asked readers for firsthand accounts of compassion. Here are 30 stories on kindness that touched your lives—and our hearts."

Note: Only a few of these stories are featured below. To read more of these stories, go online to [rd.com/article/kindness-strangers](https://rd.com/article/kindness-strangers).

## The Man in the Market

When the supermarket clerk tallied up my groceries, it was \$12 over what I had on me. I began to remove items from the bags when another shopper handed me a \$20 bill. "Please don't put yourself out," I told him. "Let me tell you a story," he said. "My mother is in the hospital with cancer. I visit her every day and bring her flowers. I went this morning, and she got mad at me for spending my money on more flowers. She demanded that I do something else with that money. So, here, please accept this. It is my mother's flowers."

—Leslie Wagner, Peel, Arkansas

## Jim and the Job

My neighbor Jim had trouble deciding if he wanted to retire from the construction field until he ran into a younger man he'd worked with previously. The man had a wife and three children, and was finding it difficult to make ends meet, as he hadn't worked in some time. The next morning Jim went to the union office and submitted his retirement paperwork. As for his replacement, he gave them the name of struggling young man. That was six years ago, and that young husband and father has been employed ever since.

—Miranda MacLean, Brutus, Michigan

## Color Me Amazed

I forgot about the rule preventing liquids in carry-on luggage, so when I hit security at the airport, I

had to give up all my painting supplies. When I returned a week later, an attendant was at the baggage area with my paints. Not only had he kept them for me, but he'd looked up my return date and time in order to meet me.

—Marilyn Kinsella, Canmore, Canada

## Seven Miles for Me

Leaving a store, I returned to my car only to find that I'd locked my keys and cell phone inside. A teenager riding his bike saw me kick a tire and say a few choice words. "What's wrong?" he asked. I explained my situation. "But even if I could call my wife," I said, "she can't bring me her car key, since this is our only car." He handed me his cell phone. "Call your wife and tell her I'm coming to get her key." "That's seven miles round trip." "Don't worry about it." An hour later, he returned with my key. I offered him some money, but he refused. "Let's just say I needed the exercise," he said. Then, like a cowboy in the movies, he rode off into the sunset.

—Clarence W. Stephens, Nicholasville, Kentucky

## My Granddaughter's Dress

I saw a dress in a consignment shop that I knew my granddaughter would love. But money was tight, so I asked the store owner if she could hold it for me. "May I buy the dress for you?" asked another customer. "Thank you, but I can't accept such a gracious gift," I said. Then she told me why it was so important for her to help me. She'd been homeless for three years, she said, and had it not been for the kindness of strangers, she would not have been able to survive. "I'm no longer homeless, and my situation has improved," she said. "I promised myself that I would repay the kindness so many had shown me." She paid for the dress, and the only payment she would accept in return was a heartfelt hug.

—Stacy Lee, Columbia, Maryland

(Continued)

# You Might Be That Stranger

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## White Shoulders

A woman at our yard sale wore a perfume that smelled heavenly and familiar. "What are you wearing?" I asked. "White Shoulders," she said. Suddenly I was bowled over by a flood of memories. White Shoulders was the one gift I could count on at Christmas from my late mother. We chatted a while, and she bought some things and left. A few hours later, she returned holding a new bottle of White Shoulders. I don't recall which one of us started crying first.

—Media Stooksbury, Powell, Tennessee

## Breaking Bread

Before work one day last December, I stopped at a deli and ordered an everything bagel with cream cheese. It was toasty warm, and I couldn't wait to dig in. But as I left the store, I noticed an older indigent gentleman sitting at the bus stop. Knowing it would probably be his only warm meal of the day, I gave him the bagel. But all was not lost for me. Another customer from the deli offered me half of her bagel. I was so delighted because I realized that in one way or another, we are all looked after.

—Liliana Figueroa, Phoenix, Arizona

## Something to Give

As I walked through the parking lot, all I could think about was the dire diagnosis I had handed my patient Jimmy: pancreatic cancer. Just then, I noticed an elderly gentleman handing tools to someone working under his stalled car. That someone was Jimmy. "Jimmy, what are you doing?" I yelled out. Jimmy dusted off his pants. "My cancer didn't tell me not to help others, Doc," he said, before waving at the old man to start the car. The engine roared to life. The old man thanked Jimmy and drove off. Then Jimmy got into his car and took off as well. Take-home message: Kindness has no limits and no restrictions.

—Mohammed Basha, Gainesville, Florida

## 21 Apples from Max

When my grandson, Max, told his mother, Andrea, to donate any check she would give him for his 21st birthday, Andrea got an idea. She handed Max's brother Charlie a video camera. Then she took out 21 \$10 bills from the bank and bought 21 apples at the supermarket. When they spotted a homeless man, Andrea told him, "Today is my son Max's 21st birthday, and he asked me to give a gift to someone to help him celebrate." She handed the man a \$10 bill and an apple. The man smiled into the camera and announced, "Happy birthday, Max!" Soon, they passed out their booty to men and women waiting in line at a soup kitchen. In a unified chorus, they wished Max, "Happy birthday!" At a pizza parlor, Andrea left \$50 and told the owners to feed the hungry. "Happy birthday, Max!" they shouted. With one last \$10 bill and apple, they stopped at Andrea's sister's office. Unable to contain her laughter or her tears, she bellowed into the camera, "Happy birthday, Max!"

—Dr. Donald Stoltz, Philadelphia, Pennsylvania

## Twice as Nice

Two firefighters were waiting in line at a fast-food restaurant when the siren sounded on their fire truck parked outside. As they turned to leave, a couple who had just received their order handed their food to the firefighters. The couple then got back in line to reorder. Doubling down on their selfless act, the manager refused to take their money.

—JoAnn Sanderson, Brandon, Florida

## A Christmas Story

In January 2006, a fire destroyed a family's home. In that fire were all the belongings of a six-year-old boy, including his Christmas presents. A classmate from his school who had a birthday around then asked her parents if she could give all her gifts to the boy. That act of kindness will forever warm my heart because the boy is my grandson.

—Donna Kachnowski, Lebanon, Connecticut

The December SPARC Bingo event was highly successful, with 84 attendees from Palomar East, Palomar West and Rancho Vallecitos. The event included a delightful lunch and a celebratory atmosphere featuring live saxophone music, laughter, and fun. We express our sincere appreciation to our community volunteers and to Stacey from SPARC for their generous sponsorship and planning efforts!



**Other SPARC News:**  
Don't Forget to Make an Appointment

**FREE TAX PREP RESOURCES**

AARP is filing taxes for free (for those that meet their requirements) at the Senior Center. Please call to make an appointment or for more details

(760) 744-5535